

# LivelyU

LIFELONG LEARNING ACADEMY

## Spring 2026

Course Catalog  
March to May

WOOD COUNTY  
COMMITTEE

ON  
*Aging*

**BGSU**<sup>®</sup>

Optimal Aging Institute

BOWLING GREEN STATE UNIVERSITY

# LivelyU

LIFELONG LEARNING ACADEMY

## WHAT IS LIVELY U?

The LivelyU Lifelong Learning Academy is a platform of programming offered through the Wood County Committee on Aging, Inc. (WCCOA) in partnership with the Bowling Green State University (BGSU) Optimal Aging Institute.

The Academy is designed to enhance senior center programming with opportunities for lifelong learning for older adults in Wood County, Ohio. Academy courses focus on education, engagement, and life enrichment. Classes are facilitated by volunteer instructors with passion for their chosen subjects. Courses are intended to be enjoyable, stimulating, learning for the joy of learning and offer opportunities for social engagement for all registrants.

The convenient location and affordable fees enable anyone to take our courses. So, join in the fun to learn something new and meet new people.

## MISSION STATEMENTS

The mission of the Bowling Green State University's Optimal Aging Institute (OAI) is to support, educate, and engage older adults and those who interact with them through campus and community partnerships with a focus on research and creative activities across the eight dimensions of wellness.

The mission of the Wood County Committee on Aging (WCCOA) is to provide older adults with services and programs which empower them to remain independent and improve the quality of their lives.



**Optimal Aging Institute**

**BOWLING GREEN STATE UNIVERSITY**

**Wood County Committee on Aging, Inc.**

140 S. Grove Street,  
Bowling Green Ohio 43402

Phone: 419.353.5661 or 800.367.4935

Email: [programs@wcco.net](mailto:programs@wcco.net)

Website: [www.wcco.net](http://www.wcco.net)

# LivelyU

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## LIVELY U COMMITTEE & INSTRUCTORS

LivelyU was developed as a branch of programming offered by the WCCOA. The courses have grown rapidly since 2022 and offers nearly 50 courses annually. The curriculum has been developed by the following committee members: Danielle Brogley, Jacquelyn O'Dowda Burns, Frank Day, Pam Day, Anthony King, Eric Myers, David Neuendorff, Jennifer Wagner.

The program provides an opportunity for older adults to teach as well as learn. This truly gives life to our program. If you would like to volunteer as one of our instructors, course managers, or curriculum committee members, please call **419.353.5661** or **800.367.4935** or email **programs@wcco.net**

## LIVELYU Thanks you!

The LivelyU Lifelong Learning Committee would like to formally thank all of the instructors for their willingness to share their time and knowledge with the participants during their course time. A most gracious thank you is also extended to the participants for their interest in actively learning and growing through these course offerings. We are looking forward to another great year of learning, sharing and exploring together. The spring semester will run from March through to May 2026.

If you would like to share course ideas or comments about the current course offerings please send an email to [programs@wcco.net](mailto:programs@wcco.net) or call 419.353.5661 and ask for the Programs Department.

*The Optimal Aging Institute and Wood County Committee on Aging  
are looking forward to hosting you in 2026!*



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# Registration Options

## LIVELYU MEMBERSHIP

The LivelyU Lifelong Learning Academy charges a \$20 semester fee to register for courses. If you have not already paid for this semester, the membership fee will need to be paid prior to registering for courses. This fee will allow you to take courses for the semester.

**Methods of payment include the following:**

Cash, credit card or checks made payable to:

**Wood County Committee on Aging, Inc**

Registration and payments can be mailed or dropped off to:

**Wood County Committee on Aging 140 South Grove  
Street, Bowling Green, OH 43402.**

If you are interested in joining the LivelyU Lifelong Learning Academy, but do not have the resources to do so, the **WCCOA Program & Service Scholarship Fund** can assist you. You can find an application form at any one of our eight senior centers or online at [www.wccoa.net](http://www.wccoa.net) Application forms need to be completed 30 days prior to the semester starting in order to be considered for a scholarship.

## REGISTER FOR LIVELYU COURSES

Ready to start learning today? Registration is simple and secure. We will walk you through this process. For those who have completed **semester** tuition payment for spring 2026, you can proceed to register for the spring semester by scanning the **QR code**. If you require assistance with the QR code, the front desk at the Wood County Senior Center will assist you.

Contact the Programs Department at **419.353.5661** or **800.367.4935** or email [programs@wccoa.net](mailto:programs@wccoa.net) with any questions or if you are unable to attend any sessions you have registered for.

**Please note:**

**Advance registration is required for each class you would like to attend.**



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# Spring Semester 2026

## Course Offerings

### *Gallery Group*

### *Arts*

**Wednesdays, March 4 and May 13**

**2 to 3 p.m.**

**LOCATION:** Toledo Museum of Art, 2445 Monroe St. Toledo

*\*Participants must provide their own transportation to the museum. Parking at TMA is now **free** for members and non-members. **DOCENTS:** Michael Coomes and Sally Dreier, Toledo Museum of Arts (TMA) docents*

**March 4 at 2 p.m.      Cursed! The Power of Magic in the Ancient World (Glass Pavilion)**

**May 13 at 2 p.m.      Garden Delights: Touring the TMA Sculpture Garden  
(Green Building; meet in Libbey Court)**

Gallery Group offers a monthly opportunity to explore engaging themes in the Toledo Museum of Art's collection. These guided experiences invite participants to learn, connect, and enjoy art together in a welcoming, social setting.

*This course has a maximum of 10 participants. If you are unable to attend a session, notify the Programs Department at least 24 hours in advance so we can contact our waitlist.*

### *Bible What? & Why?*

### *Religion*

**Mondays, March 9, 16, 23, 30 and April 6**

*(Five Weeks)*

**2 to 3 p.m.**

**INSTRUCTOR:** *Derrick Torrey, Pastor*

**LOCATION:** Wood County Committee on Aging, 140 S Grove St. Bowling Green



**March 9: The Invisible Things of God**

This interactive session invites participants into a hands-on “Bible lab” experience using simple props to explore Scripture in a fresh way. Together we will examine passages that can seem confusing or even contradictory at first glance. Through discussion and demonstration, the class works toward clearer understanding and deeper insight into the unseen truths Scripture points us to.

**March 16: The Law of a Husband's Jealousy**

This session explores a specific law from Scripture that addressed jealousy in marriage and brought clarity to a potentially destructive situation. Participants will learn how this law was understood in its original context and why it mattered to the people of that time. We will reflect together on what this reveals about justice, relationships, and wisdom for life today.

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# Spring Semester 2026

## Course Offerings

### *Bible What? & Why? (Cont.)*

*Religion*

#### **March 23: Born Again or Die Again**

What does it truly mean to be “born again,” and why has this idea captured the attention of believers for centuries? In this session, we will take a thoughtful look at this phrase and how it has been interpreted across different streams of Christian thought. Learners will be invited to explore their own assumptions and engage in respectful discussion about faith and transformation.

#### **March 30: What Time Is It? Getting Closer**

Scripture teaches that “no one knows the day or the hour,” yet it also invites believers to discern the season we are in. In this course we will examine how people across history have interpreted signs and sought understanding about spiritual timing. This session encourages participants to reflect on what it means to live faithfully in uncertain times while learning from biblical insights.

#### **April 6: That Which Governs God?**

Wow, is there such a thing? We will discover it together. You will not be disappointed.

### *How Poems Work*

*Literature*

**Wednesdays, March 11, April 8, and May 13**

**2 to 3:30 p.m.**

**INSTRUCTOR:** *Geoff Howes, Retired Professor of German Language and Culture, BGSU*

**LOCATION:** Wood County Committee on Aging, 140 S Grove St. Bowling Green

Some people don't enjoy poetry because they find it hard to understand. But maybe understanding the meaning of poetry is not the best way to enjoy it. Poems do more than generate a meaning that could be stated more easily in less-obscure language. Poems use the sounds of language and the connotations and interactions of words to discover new things about language, and to take the reader to a new place or perspective that can be pointed at but not explained with everyday denotative language. Understanding is a tool, not a goal. Poems are more to be experienced than understood. In this way they are like music.

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# Spring Semester 2026

## Course Offerings

### *Poetry (Cont.)*

In this course the facilitator, who has read, taught, interpreted, written, and translated poems for over five decades, will present his personal poetic journey by talking about some of his favorites, offer some tools for reverse-engineering poems to see how they work, and lastly, invite each class member to bring in a poem they want to talk about.

### *Service in the Modern Age*

*History*

**Friday, March 13**

**10 a.m. to 11 a.m.**

**LOCATION:** Wood County Committee on Aging, 140S. Grove St. Bowling Green

**INSTRUCTOR:** *Anthony Kopps, Author of “The No-Fail Mission”, Adjunct professor, Dept. of Political*

#### **COURSE OUTLINE:**

Does service—whether military, public, or community-based—still carry the same sense of honor and purpose it did for earlier generations? This class explores how ideas of duty, sacrifice, and service have evolved over time, examining what has remained constant and what has changed in today’s cultural, social, and economic landscape. Through historical reflection and open conversation, participants will consider how different generations have understood service—and what it means now.

### *Data, Decisions & the Pirates*

*Sports Management*

**Tuesdays, March 17 and March 24**

**1 p.m. to 2 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTORS:** *Kara Godsey – Data Analyst, Professional Baseball (Pittsburgh Pirates)*

#### **COURSE OUTLINE:**

In this two-session course, participants will get a behind-the-scenes look at how data is used inside a Major League Baseball teams front office. Drawing on her experience as a data analyst with the Pittsburgh Pirates, the instructor will share insights from the trade-deadline “war room” to player development at the minor-league level. In the second session, participants will take part in an interactive case study, using real data to analyze the performance and decision-making of an Ohio-based professional sports team, selected by the group during the first session.

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# Spring Semester 2026

## Course Offerings

### *What Shapes Our Vote ?*

### *Political Science*

**Tuesday, March 17**

**3:30 p.m. to 4:30 p.m.**

**LOCATION:** Wood County Committee on Aging 140 S. Grove St. Bowling Green Ohio .

**INSTRUCTOR:** *Robert Alexander, Ph.D. – Professor of Political Science, Bowling Green State University*

#### **COURSE OUTLINE:**

Join Robert Alexander, Ph.D. for an engaging exploration of democracy and political science that looks at how our system of government works, why it was created the way it was, and how it continues to shape our lives today. This class encourages thoughtful conversation and helps make complex political ideas more understandable, relevant, and meaningful for everyday citizens.

### *Nutrition and You*

### *Health*

**Wednesday, March 18**

**11 a.m. to 12 p.m.**

**LOCATION:** Wood County Committee on Aging 140 S. Grove St, Bowling Green Ohio

**INSTRUCTOR:** *Christina Haley Olmstead, MFN, RDN, CSSD, LD — Nutrition Educator & Registered Dietitian*

#### **COURSE OUTLINE:**

Have conversations around avoiding foods with “big” words on the ingredient list left you puzzled? When selecting foods to buy, have you avoided a food because you have heard that ingredients with simple words are “better” for health? Join Assistant Clinical Professor Christina Haley Olmstead and BGSU’s dietetic interns to learn tips and tricks for understanding the conversation around “big” words on food ingredient labels. Per LivelyU Participant request, a “cheat sheet” to decipher “big” ingredient words will be provided. Through a better understanding of these terms this session will provide insight into what is safe to eat and what should be avoided.



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# Spring Semester 2026

## Course Offerings

*Riker Farming Behind the Scenes*

*Agriculture*

**Friday, March 20**

**1 p.m. to 2 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTORS:** *Logan Riker & Nolan Riker – Local Agriculture Professionals*

**COURSE OUTLINE:**

In this session, participants will explore the rich agricultural history and modern farming landscape of Wood County. The instructor will highlight the county's agricultural heritage and agribusinesses while sharing fun and informative insights into today's farming practices, including new technologies and the challenges farmers face. The program will also examine the historic drainage of the Great Black Swamp and its lasting impact on local agriculture, along with a spotlight on Rider Farm Seed and its role in the region's farming community.

*Foundations, Freedoms, and the Future*

*Government*

**Mondays, March 23, April 20, and May 18**

**LOCATION:** Wood County Committee on Aging 140 S. Grove St. Bowling Green Ohio 43402

**INSTRUCTOR:** *Judge Matthew Reger – Wood County Common Pleas Court*

**COURSE OUTLINE:**

**March 23:** Introduction to the Constitution and its Foundation: Enter into a conversation with Judge Matthew Reger about how our Constitution came into being, the historical background from the common law history of England, and thoughts from our founders from the Federalist and other contemporary writers.

**April 20:** The Bill of Rights and the 14<sup>th</sup> Amendment: Reger will lead a discussion on how the Bill of Rights became part of the Constitution, its development through the past 200+ years, the special place of the 14<sup>th</sup> Amendment in our republic and how this provision effectively created a revolution in how the Bill of Rights was applied in our republic.

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# Spring Semester 2026

## Course Offerings

### *Foundations, Freedoms, and the Future (Cont.)*

**May 18:** The U.S. Constitution in the 21<sup>st</sup> Century: Considering the past development of constitutional interpretation Judge Matthew Reger will look at the future of constitutional trajectory. Where are we headed and what have we learned in more than 200 years of constitutional construction? What is an originalist? How will that effect the future of constitutional interpretation? All of these questions and yours will be discussed in this lively presentation.

### *Behind the Scenes of the T.V. Series “The Chosen”*

*Film*

**March 25**

**2 p.m. to 3 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**LOCATION:** *Duane and Toni Carey – Behind the Scenes of The Chosen*

#### **COURSE OUTLINE:**

Experience an afternoon of inspiration and storytelling with Duane and Toni Carey, beloved cast members of The Chosen.

On Wednesday, March 25 at 2 p.m., hosted at the Wood County Committee on Aging, The Careys will share their personal testimonies and the journey that led them to become part of The Chosen family.

They will reflect on what it has been like bringing the story of Jesus to life on screen, offering behind-the-scenes insights and meaningful reflections on faith, purpose, and storytelling.

Whether you are a longtime fan of the series or new to it, this course offers a thoughtful opportunity to connect with the heart of the show and leave feeling encouraged and inspired.

*In this photo, Duane and Toni are seated together in simple, earth-toned garments inspired by first-century life. Their warm expressions and traditional attire reflect the humility, faith, and storytelling spirit of “The Chosen,” offering a quiet glimpse into the humanity behind the biblical narrative.*



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# Spring Semester 2026

## Course Offerings

### *Finding Your Balance*

### *Health & Wellness*

**Thursday, March 26**

**1 p.m. to 2 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTOR:** *Jamie O'Brien, PT, DPT & Tawiona Brown, PhD, PT, DPT*

#### **COURSE OUTLINE:**

Join Jamie O'Brien and Dr. Tawiona Brown for a welcoming and engaging class designed to help you feel more confident, steady, and strong in your everyday movements. Drawing from their experience in physical therapy and movement education, O'Brien and Brown will share simple, practical strategies that support balance, build strength, and improve overall stability.

This session blends gentle movement, clear demonstrations, and easy-to-remember tips you can use at home and out in the community. You'll explore how small adjustments to the way you move, stand, and go about daily activities can make a meaningful difference in how secure and comfortable you feel. No prior experience is needed, and all activities can be adapted to meet individual comfort levels.

The class is designed to be relaxed, encouraging, and interactive, with plenty of time for questions and conversation. Whether you're looking to improve balance, stay active, or simply move with greater confidence, this is an enjoyable and supportive way to keep doing the things you love with ease and peace of mind.

### *Baseball: More Than Just a Game*

### *Sports*

**Thursdays, March 26, April 2, April 9**

**2:30 p.m. to 3:30 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTOR:** *Dave Horger, Retired Bowling Green Radio Personality*

#### **March 26: Women's All-American Baseball League: Were They Really Playing Baseball?**

This session will explore the depth of their involvement in baseball.

#### **April 2: The Wild and Crazy Life and Career of Jimmy Piersall**

Explore the unforgettable career of Jimmy Piersall, a player whose talent, humor, struggles, and honesty made him one of baseball's most unique and compelling personalities.

#### **April 10: The Greatest World Series Game Ever Played — and It's Not What You Think**

Revisit one extraordinary World Series game that history often overlooks and uncover why it deserves to be called "The Greatest Ever Played."

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# Spring Semester 2026

## Course Offerings

### *Art Tells Stories*

*Art*

**Tuesdays, April 7, 14, 21, 28**

**2 p.m. to 3 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTOR:** *Sharon Hanna, Toledo Museum of Art Docent*



#### **COURSE OUTLINE:**

This program will provide an enriching exploration of art through the lens of thematic analysis and interactive discussions, using works from the rich collection of the Toledo Museum of Art. Sessions will revolve around themes that span diverse cultures, styles, and time periods. Lively conversations will encourage participants to share their own perspective and interpretation and to learn from others. Group activities tailored to each theme will further deepen an appreciation of visual art as a medium for artistic intention and expression. Together, participants will explore how art both reflects and shapes our understanding of the world. No prior art expertise is required—just an open mind and a curiosity to discover the stories that art can tell.

Hannah has been a volunteer museum teacher for 13 years, planning and leading a variety of scheduled tours, now at the master level. Her experience includes using requested themes for K-12 students, for visitors with cognitive and physical disabilities, for special TMA exhibitions and for gallery groups that return several times each year, including BG Third Friday and Women’s Club BG visitors.

### *Calculus + You*

*Math*

**Thursday, April 9, 16, 23, 30**

**10 a.m. to 11 a.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTOR:** *George Carver, Scientist, Mathematician*

#### **COURSE OUTLINE:**

This four-session course offers an accessible introduction to calculus, designed for learners curious about the ideas behind change, motion, and patterns in the world around us. Through clear explanations and guided examples, participants will explore foundational concepts such as limits, rates of change, and accumulation without requiring advanced math background. This engaging series encourages curiosity, problem-solving, and appreciation for how calculus helps us understand real-world systems in science, engineering, and everyday life.

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# Spring Semester 2026

## Course Offerings

### *Cooking Class: Taste of Kenya*

*Cooking*

**Monday, April 20**

**1 p.m. to 2 p.m.**

**LOCATION:** 705 Ridge St, Bowling Green, OH 43403, on the BGSU campus \*See Map

**INSTRUCTOR:** *Tom Otieno, Owner of Jikoni Food Truck*



#### **COURSE OUTLINE:**

BGSU Alumni, Tom Otieno is the owner of Jami Coffee Shop and the Jikoni Food Truck, where he shares flavors and recipes inspired by his Kenyan heritage. He brings a passion for food, culture, and community, using cooking as a way to tell stories and connect people across backgrounds. In this hands-on cooking class, participants will be introduced to traditional Kenyan dishes and ingredients while learning how food reflects everyday life and culture in Kenya. Tom will demonstrate preparation techniques, discuss the meaning behind key spices and flavors, and share insights into how these meals are enjoyed at home and in community gatherings. **Cost: \$50, includes food, materials, and BGSU parking pass.**

*This course has a maximum of 10 participants. If you are unable to attend a session, notify the Programs Department at least 24 hours in advance so we can contact our waitlist.*

### *Judicial Ethics*

*Law*

**Friday, April 24**

**10 a.m. to 11 a.m.**

**LOCATION:** Wood County Courthouse, 1 Court House Square, Bowling Green OH 43402  
**Court #4**, meet in lobby after going through security

**INSTRUCTOR:** *Joel Kuhlman, Judge at Wood County Court of Common Pleas*



#### **COURSE OUTLINE:**

What does it truly mean for a judge to be fair? How do judges navigate difficult decisions while upholding justice and integrity? In this engaging and accessible class, Judge Joel Kuhlman invites participants to step inside the world of judicial ethics. Through stories from the bench, real-life examples, and thoughtful discussion, participants will gain insight into the values that guide judges, including impartiality, fairness, and public trust. The course also sheds light on how judges manage conflicts of interest, maintain independence, and make decisions that have a real impact on people's lives.

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### *Fashion Through the Decades*

*Fashion*

**Tuesday, April 28**

**6 p.m. to 7 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTORS:** *Elizabeth “Bitsy” Johnston — Fashion Historian & Style Enthusiast*

#### **COURSE OUTLINE:**

From classic silhouettes to bold trends, this presentation explores how style has evolved alongside culture, history, and everyday life. Bitsy will highlight iconic looks, changing fabrics, and memorable fashion moments that defined each era, offering insight into how clothing reflects the times in which we live. Whether you're a longtime fashion enthusiast or simply curious about trends from the past, this program promises nostalgia, conversation, and a fresh appreciation for fashion's enduring influence.

### *Opera Behind the Scenes*

*Music*

**Tuesday, May 5**

**1 p.m. to 2 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTORS:** *Ellen and Chris Scholl – International Opera Singers and Voice Educators*

#### **COURSE OUTLINE:**

Ellen and Chris Scholl share their experiences living and working overseas as professional opera singers, offering a unique glimpse into life on the international stage.

Drawing from years of performing abroad, they will discuss what daily life was like while balancing rehearsals, performances, travel, and cultural differences in countries far from home.

Ellen, a retired voice instructor, and Chris, who continues to teach at Bowling Green State University, bring both personal stories and professional insight to this engaging conversation.

Participants will learn how music opened doors around the world and gain a deeper appreciation for the challenges and rewards of building an artistic life overseas.



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# Lively U Spring 2026 Registration

*Clean Water Matters*

*Environmental Studies*

**Wednesday, May 6**

**3 p.m. to 4 p.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTORS:** *Marj Mulcahy, Lake Erie Advocates*

## **COURSE OUTLINE:**

Join Marj Mulcahy of Lake Erie Advocates for an engaging conversation about clean water and why it matters to our communities, our health, and the future of Lake Erie. This session will explore how everyday choices connect to water quality, highlight local efforts to protect the lake, and share practical ways individuals can help make a positive impact. Whether you've followed Lake Erie issues for years or are just curious to learn more, this class offers an informative and hopeful look at protecting one of our region's most valuable natural resources.

*Wild Weather*

*Weather & Climate*

**Monday, May 11**

**10:30 a.m. to 11:30 a.m.**

**LOCATION:** Wood County Committee on Aging, 140 S. Grove St. Bowling Green

**INSTRUCTORS:** *Ryan Wichman – Television Meteorologist, WTOL 11*

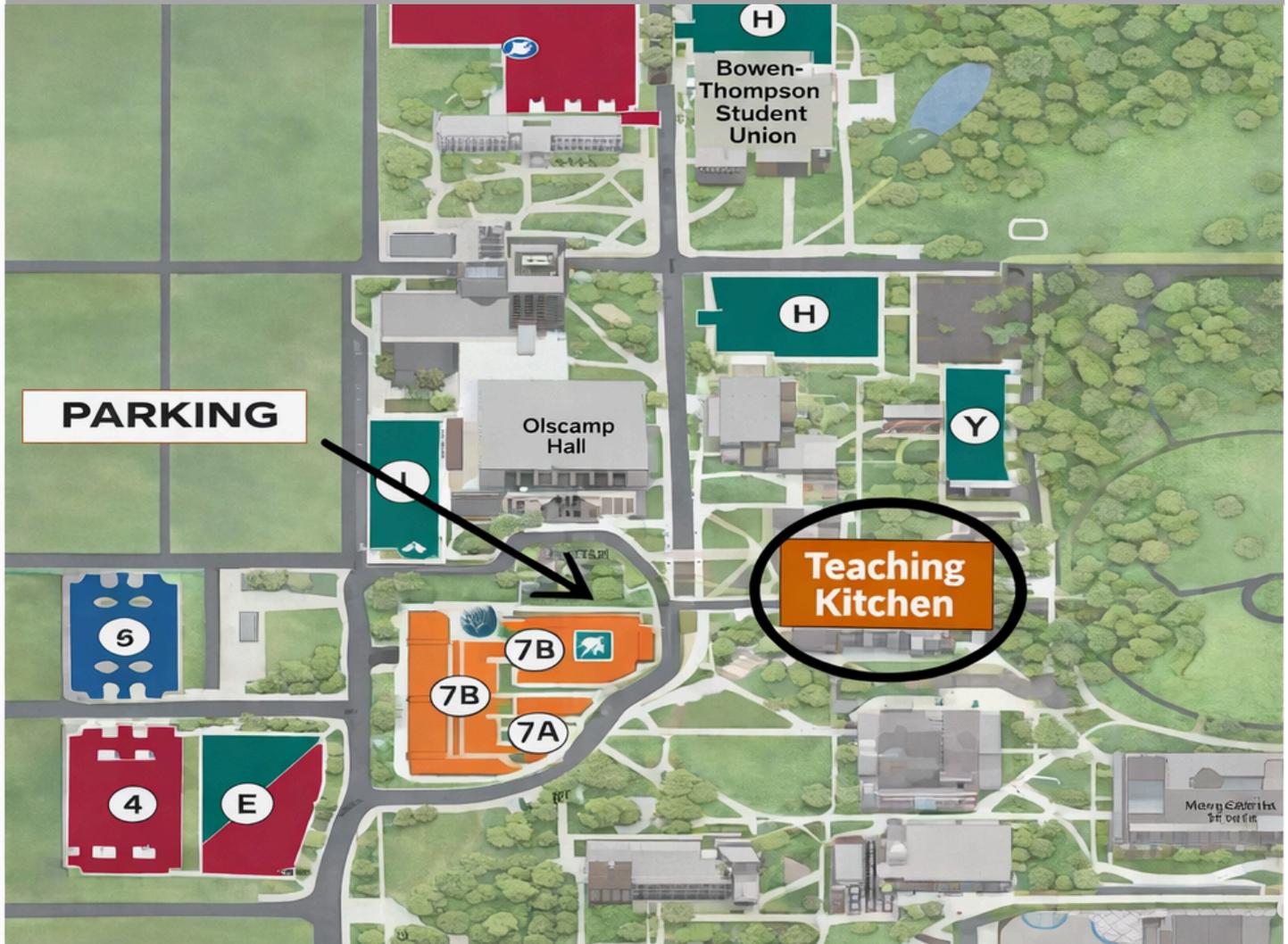
## **COURSE OUTLINE:**

Join Ryan Wichman, a Northwest Ohio native and television meteorologist, for an engaging look at modern severe weather and the history of major storms that have shaped our region. Ryan will explore how severe weather forecasting has evolved, share memorable local storm events, and give a behind-the-scenes glimpse into life on TV after growing up in Bowling Green. He'll also discuss his passion project outside the studio—his second full-time (non-paid!) role helping build inclusive playgrounds that bring communities together. This interactive session includes time for questions and conversation.

*Lively U*  
LIFELONG LEARNING ACADEMY

# Lively U Spring 2026 Registration

## BGSU Teaching Kitchen



The Teaching Kitchen is the only place on campus that participants will be going. Visitor parking is in Lots 7B and 7A. You can pay for parking in the lot either by kiosk or on your phone ( see page 15 for details). These are the orange lots circled on the map to the left. From these parking lots, there's a short story and easy walk to Teaching Kitchen, which is circled above.

*Lively U*  
LIFELONG LEARNING ACADEMY

# Spring Semester 2026

## BGSU Parking

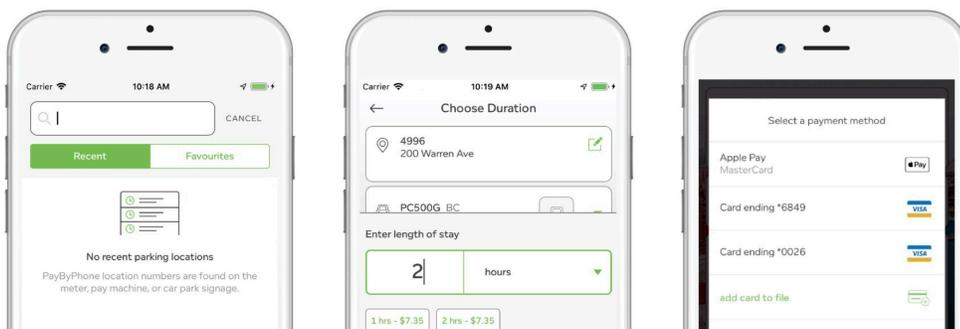
### Pay at a Kiosk

Visitors may use the Pay & Display kiosks in various locations throughout campus. Kiosks take cash, coin or credit card at the rate of \$1 per hour. **Please note that the kiosks are unable to distribute change, so please use exact amount.**

### Pay on Your Phone

Visitors may access the PayByPhone mobile app search PayByPhone in your app store to download it to pay for short term parking designated by signage in campus lots. We recommend downloading the app ahead of arriving at the parking lot. Parking rates are the same as for the kiosks, but with a processing fee per transaction. Users will receive an alert when the parking time is about to run out, giving them the opportunity to purchase additional time from their phone instead of returning to a kiosk.

Visit <https://www.bgsu.edu/parking-services/permits-and-registrations.html> for more information regarding parking on campus.



**1** Enter your location #

**2** Enter parking duration

**3** Choose your payment method



Add parking time remotely



Receive text reminders



No registration required



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# Spring Semester 2026 Calendar

<b>March 2026</b> * <i>Denotes that class is held at an offsite location</i>				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b> <b>2 p.m.</b> Gallery Group *	<b>5</b>	<b>6</b>
<b>9</b>  <b>2 p.m.</b> The Bible	<b>10</b>	<b>11</b>  <b>2 p.m.</b> How Poems Works	<b>12</b>	<b>13</b>  <b>10 a.m.</b> Service in the Modern Age
<b>16</b>  <b>2-3 p.m.</b> The Bible	<b>17</b> <b>1-2 p.m.</b> Pittsburgh Pirates Data Analyst  <b>3:30 p.m.</b> What Shapes Our Vote?	<b>18</b>	<b>19</b>	<b>20</b>  <b>1 p.m. to 2 p.m.</b> Riker Farming: Behind the Scenes
<b>23</b> <b>2pm.</b> The Bible  <b>3 p.m.</b> Foundations, Freedom, and the Future	<b>24</b> <b>1 p.m.</b> Pittsburgh Pirates Data Analyst	<b>25</b>  <b>2 p.m.</b> Behind the Scenes of “The Chosen”	<b>26</b> <b>1 p.m.</b> Finding Your Balance  <b>2:30 p.m.</b> Baseball: More Than Just A Game	<b>27</b>
<b>30</b>  <b>2-3 p.m.</b> The Bible	<b>31</b>			

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# Spring Semester 2026 Calendar

<b>April 2026</b> * <i>Denotes that class is held at an offsite location</i>				
Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>  <b>2:30 p.m.</b> Baseball: More Than Just A Game	<b>3</b>
<b>6</b>  <b>2-3 p.m.</b> The Bible	<b>7</b>  <b>2 p.m.</b> Art Tells Stories	<b>8</b>  <b>2 p.m.</b> How Poems Works	<b>9</b>  <b>10 a.m.</b> Calculus & You  <b>2:30 p.m.</b> Baseball: More Than Just A Game	<b>10</b>
<b>13</b>	<b>14</b>  <b>2 p.m.</b> Art Tells Stories	<b>15</b>	<b>16</b>  <b>10 a.m.</b> Calculus & You  <b>2:30 p.m.</b> Baseball: More Than Just A Game	<b>17</b>
<b>20</b> <b>1 p.m.</b> Cooking Class: Taste of Kenya * <b>3 p.m.</b> Foundations, Freedoms, and the Future	<b>21</b>  <b>2 p.m.</b> Art Tells Stories	<b>22</b>	<b>23</b>  <b>10 a.m.</b> Calculus & You	<b>24</b>  <b>10 a.m.</b> Judicial Ethics *
<b>27</b>	<b>28</b>  <b>2 p.m.</b> Art Tells Stories  <b>6 p.m.</b> Fashion Through The Decades	<b>29</b>	<b>30</b>  <b>10 a.m.</b> Calculus & You	

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# Spring Semester 2026 Calendar

**May 2026** \* *Denotes that class is held at an offsite location*

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>
<b>4</b>	<b>5</b>  <b>1 p.m.</b> Opera Behind the Scenes	<b>6</b>  <b>1 p.m.</b> Clean Water Matters	<b>7</b>	<b>8</b>
<b>11</b>  <b>10:30 a.m.</b> Wild Weather	<b>12</b>	<b>13</b>  <b>2 p.m.</b> Gallery Group *  <b>2 p.m.</b> How Poems Works	<b>14</b>	<b>15</b>
<b>18</b>  <b>3 p.m.</b> Foundations, Freedoms, and the Future	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

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# LivelyU Fall 2026 Record of Registration

Name: (PRINT) \_\_\_\_\_

Email: (PRINT) \_\_\_\_\_

Payment Type: \_\_\_\_\_

## Personal Record of the classes I have registered for:



Class	Date	Time

### Step-by-Step: Register for a Class Using a QR Code

- 1. Open Your Smartphone Camera or QR Scanner App** Most smartphones (iPhone and Android) can scan QR codes using the default camera app. If your phone doesn't support this, download a free QR code scanner app from your app store.
- 2. Scan the QR Code** Point your camera steadily at the QR code. Wait for a pop-up notification or link to appear on the screen.
- 3. Tap the Link**  
The QR code will redirect you to a registration form, class portal, or sign-up webpage.
- 4. Fill Out the Registration Form**  
Enter your name, contact details, and any other required information.
- 5. Submit the Form**  
After entering all the necessary information, tap
- 6. Check for Confirmation**  
You may see a confirmation message on-screen and/or receive a confirmation email. Save this for your records—for proof of registration.



**Optimal Aging Institute**

**BOWLING GREEN STATE UNIVERSITY**

**Wood County Committee on Aging, Inc.**

140 S. Grove Street,

Bowling Green Ohio 43402

Phone: 419.353.5661 or 800.367.4935

Email: [programs@wcoa.net](mailto:programs@wcoa.net)

Website: [www.wcoa.net](http://www.wcoa.net)

# Frequently Asked Questions

- ▶ **Do I need to register in advance?**  
Yes. Registration helps ensure adequate space and materials for each class.
- ▶ **Do I have to live in Wood County to participate?**  
No. LivelyU is open to participants both inside and outside of Wood County.
- ▶ **Can I attend just one class or session?**  
Yes. Participants may attend individual sessions unless otherwise noted.
- ▶ **How long are typical LivelyU classes?**  
Most classes are approximately one hour in length unless otherwise noted.
- ▶ **Can I join a class after the first session?**  
Yes, as space allows. Some multi-session courses may build on earlier material.
- ▶ **Do I still need to pay the full \$20 if I attend only one class?**  
Yes. The \$20 fee covers participation in the LivelyU program for the semester.
- ▶ **Is the \$20 LivelyU fee refundable?**  
No. The semester fee is non-refundable.
- ▶ **Where are LivelyU classes held?**  
Classes take place at Wood County Committee on Aging locations, with select off-site programs offered. See specific course description for more details.

WOOD COUNTY  
COMMITTEE



Wood County Committee on Aging, Inc.  
140 S. Grove Street  
Bowling Green, Ohio 43402  
419.353.5661 or 1.800.367.4935

**To contact WCCOA:** [wccoa@wccoa.net](mailto:wccoa@wccoa.net)  
**To register for programs&events:** [programs@wccoa.net](mailto:programs@wccoa.net)

We're on the Web!  
[www.wccoa.net](http://www.wccoa.net)

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[woodcountycommitteeonaging.blogspot.com/](http://woodcountycommitteeonaging.blogspot.com/)

*Lively*U  
LIFELONG LEARNING ACADEMY