

# Lunch Menu

## Served Monday through Friday

\*Menu is subject to change. \* Check your location's page for meal time and reservation requirements. There is a \$2 suggested donation for those 60 and over, and a \$5 fee for those under 60.

### October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>Chipped Turkey or Bologna Salad</b> , baked bean salad, coleslaw, peaches, cookie	2 <b>Black Eyed Peas Hash or Turkey Tetrazzini</b> , Sicilian blend vegetables, berry blend with yogurt and granola, apple	3 <b>Macaroni &amp; Cheese with Ham or Chicken Dumpling</b> , stewed tomatoes, three bean salad, mandarin oranges in jell-o
6 <b>Chipped Beef or Creamed Chicken</b> , mashed potatoes, sugar snap peas, mandarin orange salad, biscuit, pudding	7 <b>Calico Beans or Chicken Wings</b> , carrots, broccoli salad, banana	8 <b>Stuffed Green Pepper or Reuben Casserole</b> , riviera blend vegetables, pineapple with cottage cheese, fruit sorbet	9 <b>Vegetable Soup or Broccoli Soup</b> , chicken Salad sandwich, celery with peanut butter, orange sections	10 <b>Meatloaf or Chicken Kiev</b> , mixed vegetables, spinach salad with oranges, grapes and pears, graham crackers
13 <b>Country Fried Steak or BBQ Chicken Breast</b> , scalloped potatoes, citrus slaw, tropical fruit	14 <b>Hamloaf or Chicken &amp; Noodles</b> , corn, orange, peachy fine dessert	15 <b>Birthday Lunch! Beef Lasagna</b> , green beans, marinated vegetable salad, fruit salad, cake and ice cream	16 <b>Bratwurst or Turkey Burger</b> , sauerkraut, mashed potatoes, apricots, brownie	17 <b>Hamburger Pie or Pecan Crusted Tilapia</b> , scandinavian blend vegetables, pickled beets, cantaloupe and grapes
20 <b>Tuscan Chicken or Liver and Onions</b> , mashed potatoes, blacked eyed Susan salad, carrot sticks	21 <b>Chicken Tenders or Pork Chop</b> , squash, tossed salad, apple, Rice Krispy Treat	22 <b>Beef Spanish Rice or Chicken Lasagna</b> , Kyoto vegetables, peaches, apple crisp	23 <b>Chicken Paprikash or Baked Ham</b> , noodles, tomatoes & Zucchini, Texas caviar bean salad	24 <b>Meatloaf or Shrimp Poppers</b> , corn, cabbage, apple, raisin salad, grapes
27 <b>Beef Philly or Turkey Meatball Sub</b> , potato wedge, cucumber salad, oranges, cookies	28 <b>Pork Ribette or Honey Mustard Chicken Breast</b> , baked sweet potatoes, cauliflower peanut salad, emerald pears	29 <b>Hamloaf or Chicken Chimichunga</b> , succoatish, fruit Juice, potato Salad, brownie	30 <b>Spaghetti and Meatsauce or Lemon Pepper Pollock</b> , noodles, peas and mushrooms, tossed salad, gazed bananas and strawberries, vanilla wafers	31 <b>Hamburger or Hot Dog</b> , baked beans, coleslaw, apple

No person over 60 shall be denied nutrition services because of failure to contribute all or part of the cost of such service. Participants shall determine for themselves what they are able to contribute toward the cost of the service. Nutrition and ingredient information is available upon request.