

LivelyU

LIFELONG LEARNING ACADEMY

Spring 2025

Course Catalog

WOOD COUNTY
COMMITTEE

ON

Aging

BGSU

Optimal Aging Institute

BOWLING GREEN STATE UNIVERSITY

LivelyU

LIFELONG LEARNING ACADEMY

WHAT IS LIVELYU?

The LivelyU Lifelong Learning Academy is a platform of programming offered through the Wood County Committee on Aging, Inc. (WCCOA) in partnership with the Bowling Green State University (BGSU) Optimal Aging Institute. The Academy is designed to enhance senior center programming with opportunities for lifelong learning for older adults in Wood County, Ohio. Academy courses focus on education, engagement, and life enrichment. Classes are facilitated by volunteer instructors with passion for their chosen subjects. Courses are intended to be enjoyable, stimulating, learning for the joy of learning and offer opportunities for social engagement for all registrants. The convenient location and affordable fees enable anyone to take our courses. So, join in the fun to learn something new and meet new people.

MISSION STATEMENTS

The mission of the Bowling Green State University's Optimal Aging Institute (OAI) is to support, educate, and engage older adults and those who interact with them through campus and community partnerships with a focus on research and creative activities across the eight dimensions of wellness.

The mission of the Wood County Committee on Aging (WCCOA) is to provide older adults with services and programs which empower them to remain independent and improve the quality of their lives.

LIVELYU COMMITTEE & INSTRUCTORS

LivelyU was developed as a branch of programming offered by the WCCOA. The courses have grown rapidly since 2022 and offers nearly 50 courses annually. The curriculum has been developed by the following committee members: Danielle Brogley, Frank Day, Pam Day, Clara Fiori, Eric Myers, Lynn Ritter, Liliana Rossi and Jennifer Wagner.

The program provides an opportunity for older adults to teach as well as learn. This truly gives life to our program. If you would like to volunteer as one of our instructors, course managers, or curriculum committee members, please call **419.353.5661** or **800.367.4935** or email programs@wcco.net



Optimal Aging Institute

BOWLING GREEN STATE UNIVERSITY

Wood County Committee on Aging, Inc.

140 S. Grove Street,

Bowling Green Ohio 43402

Phone: 419.353.5661 or 800.367.4935

Email: programs@wcco.net

Website: www.wcco.net

Registration Options

LIVELYU MEMBERSHIP

The LivelyU Lifelong Learning Academy charges a \$20 semester fee to register for courses. If you have not already paid for this semester, the membership fee will need to be paid prior to registering for courses. This fee will allow you to take courses for the Spring semester.

Methods of payment include the following: Cash, credit card or checks made payable to:

Wood County Committee on Aging, Inc

Registration and payments can be mailed or dropped off to:

Wood County Committee on Aging

140 South Grove Street, Bowling Green, OH 43402.

If you are interested in joining the LivelyU Lifelong Learning Academy, but do not have the resources to do so, the **WCCOA Program & Service Scholarship Fund** can assist you. You can find an application form at any one of our eight senior centers or online at www.wcco.net. Application forms need to be completed 30 days prior to the semester starting in order to be considered for a scholarship.

REGISTER FOR LIVELYU COURSES

Ready to start learning today? Registration is simple and secure. We will walk you through this process. For those who have completed **semester** tuition payment for spring 2025, you can proceed to register for the spring semester by scanning the **QR code** on page 16. If you require assistance with the QR code, the front desk at the Wood County Senior Center will assist you.

An additional registration option includes **filling out the form on page 15 of this booklet, tearing it out, and returning it to the Wood County Senior Center front desk with payment.**

Contact the Programs Department at **419.353.5661** or 800.367.4935 or email programs@wcco.net with any questions or if you are unable to attend any sessions you have registered for.

Please note: Advance registration is required for each class you would like to attend.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Short Story Reading Club

Literature

Mondays, March 3 to April 7

3 to 4 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Joe Elias, Masters Student, English Department, BGSU*

COURSE OUTLINE: In this class, each week participants will be assigned a short story to read outside of class. During the following class session, we will dive into an in-depth discussion of the story, exploring its themes, characters, and narrative choices. Additionally, we will focus on the fundamental elements of crafting a strong short story, such as plot structure, dialogue, pacing, and style. By analyzing various examples, students will gain a deeper understanding of what makes a compelling short story and learn how to apply these concepts in their own writing. This class will foster both critical reading skills and practical writing techniques in an engaging, interactive environment.

Short Story Writing Boot Camp

Literature

Wednesdays, March 5 to April 9

3 to 4 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Joe Elias, Masters Student, English Department, BGSU*

COURSE OUTLINE: In this class you will work on one short story of any prose genre throughout the term. It can be a short story you are currently working on or a short story that you come up with in class. As the term progresses we will work on plot, tone, setting, character, dialogue, and language. Throughout the six weeks, students will share feedback with each other. By the end of the class each student will have a story that is close to its final iteration.

Week 1: The short story and your short story

Week 2: Plot/Tone

Week 3: Setting

Week 4: Character Development

Week 5: Dialogue/Language

Week 6: Workshop and feedback

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Uncovering Bowling Green's Historical Buildings

History

Wednesdays, March 5, April 9, May 7

2 to 3 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Geoff Howes, Retired Professor of German Language and Culture, BGSU*

COURSE OUTLINE:

Explore Bowling Green's rich history through the stories of its historic buildings in this engaging class led by Geoff Howes. This class will feature a combination of oral storytelling and captivating visuals as Geoff presents his (and some others') research and findings on some of the city's historic structures. Learn not only about the history of these buildings but also the fascinating process behind uncovering their hidden stories. Don't miss the chance to discover Bowling Green's past through the lens of its architecture!

Voyage into Mystery: Tales of the Indian Ocean Adventure *Travelogue*

Thursday, March 6

(Zoom option available)

2 to 3 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Barbara Laird, Retired Instructor and Academic Advisor at Zayed University, Dubai*

COURSE OUTLINE:

Embark on an unforgettable cruise from the stunning port of Dubai into the enchanting Indian Ocean! Together, we'll wander through the vibrant labyrinthine alleys of the Muscat souk, marvel at the remarkable landscape of ancient Frankincense trees in Salalah, and relax along the pristine white sand beaches adorned with ancient forts.

A surprise awaits us as we receive a letter from the captain, "I am writing with important information regarding our upcoming passage through the Gulf of Aden. As you may be aware, there have been reports of pirate activity in the Gulf of Aden during the past few years."

Join us to hear the rest of the story.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Southeast Asian Escapade

Travelogue

Tuesdays, March 11

1 to 2 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Judy Pfaffenberger, retired English teacher, over 90 countries visited*

COURSE OUTLINE:

Visit vibrant Singapore with a local before embarking on a Celebrity cruise to Bali, Malaysia, and Thailand. A highlight in Bali is a bike ride down from a volcano with visits to a village and rice paddies. See Komodo dragons close up. At the end a short visit to Korea on a long layover.

Toledo Museum of Art Gallery Group

Art

Wednesdays, March 12, April 9, May 14

2 to 3 p.m.

LOCATION: Toledo Museum of Art, 2445 Monroe St. Toledo

Participants must provide their own transportation to the museum, carpooling is encouraged. Parking at TMA is now **free for members and non-members.*

DOCENTS: *Michael Coomes and Sally Dreier, Toledo Museum of Arts (TMA) docents*

ADDITIONAL COURSE FEE: \$5 per person, per tour, to be paid at each session at TMA

COURSE OUTLINE:

As an art education institution, TMA strives to provide access to works of art and information about them. The Museum's Gallery Group program provides an opportunity for art lovers to gather monthly to explore interesting themes in the TMA collection. Led by docent guides, Gallery Groups provide an enriching way to either experience the Museum with friends and colleagues or make new friends while exploring art.

Wednesday, March 12: Poetry in Art

Wednesday, April 9: Return to Turtle Island

Wednesday, May 14: Nature into Art: Rachel Ruysch

This course has a maximum of 10 participants. If you are unable to attend a session, notify the Programs Department at least 24 hours in advance so we can contact our waitlist.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Traditions and Superstitions

Culture

Thursday, March 20

1 to 2 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Liliana Rossi, Ph.D. Spanish Literature, Spanish Teacher, Paralegal (Immigration)*

COURSE OUTLINE:

Are you superstitious? Would you walk under an open ladder?

What happens if you see a black cat?

Would you get married on Friday the 13th?

We will discuss some of these common superstitions around the world and discuss where they come from. Be ready to participate!

You will also get supplies to create a Ojo De Dios either in class or at home inspired by this picture.



An Insider's Journey into Xi'an's Vibrant Culture

Travelogue

Thursday, March 20

(Zoom option available)

2 to 3 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Barbara Laird, Retired Instructor, Xi'an International Studies University*

COURSE OUTLINE:

Join this session for an exciting exploration of Xi'an, a vibrant city renowned for its cultural heritage and home to the remarkable army of 8,000 terra cotta soldiers from Emperor Qin Shi Huang. While serving as a lecturer in Oral English at Xi'an International Studies University (XISU), I had the unique opportunity to immerse myself in the local culture, exchanging ideas with eager students and connecting with residents as I strolled through the lively streets.

Whether you're a history buff or simply curious about Chinese culture, come along for an insider's view that promises to be both enlightening and enjoyable!

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Aging Behind the Wall: Exploration of Chinese Older Adults *Lifestyle*

Tuesday, March 25

10:30 to 11:30 a.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Bob D. Lee, Ph.D., Tourism, Hospitality, Event Management, BGSU*

COURSE OUTLINE: Explore the rich tapestry of retirement life in China, shaped by government policies and family dynamics. This class examines:

Retirement Policies and Benefits: Learn how China's retirement policies differ for men and women, and the benefits retirees commonly receive.

Family Relationships: Delve into the evolving dynamics between elders and their children, including the balance between traditional values and the practical need to care for grandchildren.

Leisure Pursuits: Discover the vibrant leisure activities that define post-retirement life, including: public square dancing and park exercises, company-organized mass travel, Tai chi and Ma-Jiang as cultural staples, the growing trends of dating, remarriage, and materialism, health-conscious shifts in beverage preferences, from tea to coffee.

Join us to gain insights into the joys, challenges, and transformations shaping the lives of Chinese Older Adults.

Norwegian Wonders

Travelogue

Tuesdays, March 25

1 to 2 p.m.

LOCATION: Wood County Committee on Aging, 140 S. Grove St. Bowling Green

INSTRUCTOR: *Judy Pfaffenberger, retired English teacher, over 90 countries visited*

COURSE OUTLINE: Cruise the beautiful fiords, visiting the towns of Stavanger and Bergen. Enjoy, with no physical effort, a train ride to a glacier and then a scenic bike ride down past waterfalls to the village of Flam. This also features some wonderful music on the cruise back to Southampton England.

Nutrition & You

Health

Thursday, March 27 and Wednesday, April 2

10 to 11 a.m.

LOCATION: **March 27** session will be held at the Wood County Committee on Aging

April 2 session will be held at Meijer Store, 2111 E. Wooster St., Bowling Green

Continued on next page.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Nutrition & You (Cont.)

Health

Thursday, March 27 and Wednesday, April 2

10 to 11 a.m.

INSTRUCTOR: *Laura Brubaker, MFN, RDN, LD., Assistant Clinical Professor, Dietetic Internship Director and BGSU Dietetic Interns*

COURSE OUTLINE:

March 27: Simulated Grocery Store Tour (Located at WCCOA, 140 S. Grove St. Bowling Green)

Have you ever wished to have a dietitian walk through a grocery store right by your side so that you can ask every question that comes to mind? Here is your chance! Join Assistant Clinical Professor Laura Brubaker and BGSU's dietetic interns at the Wood County Committee on Aging for an "as close to the real thing" grocery store tour including samples to try and the chance to ask food and nutrition questions that come to mind whilst walking through a simulated trip to the grocery store.

April 2: On Location Grocery Store Tour (Meet at Meijer, 2111 E. Wooster St. Bowling Green)

Have you ever wished to have a dietitian walk through a grocery store right by your side so that you can ask every question that comes to mind? Here is your chance! Join Assistant Clinical Professor Laura Brubaker and BGSU's dietetic interns on location at Meijer Grocery Store located at 2111 East Wooster Street, Bowling Green, Ohio for a guided tour through the grocery section of the store. The tour will begin in the produce department located in the southeast corner of the store. Participants should meet at the produce and café area at 10:00 a.m. The tour will last approximately one hour and will require independently standing and walking (or using a mobilized scooter) through the store. For persons living with hearing ailments, consider that the tour will take place during normal business hours which may impact hearing.

**Participants must provide their own transportation to the store, carpooling is encouraged.*

The Art of Digital Scrapbooking

Arts

Thursdays, April 3 to April 24, 2025

1 to 2 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Amy Whitacre, educator*

SUPPLIES: Bring your own laptop or tablet with photos saved on the device. Or loan one from the Wood County Committee on Aging and bring photos on a flash drive. Limited loans available. **Continued on next page.**

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

The Art of Digital Scrapbooking (Cont.)

Arts

Thursdays, April 3 to April 24, 2025

1 to 2 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

COURSE OUTLINE: Are you looking for a fun and creative way to preserve your memories without the mess of traditional scrapbooking? In this beginner-friendly class, you'll learn how to use Shutterfly's digital tools to create beautiful, personalized scrapbooks from the comfort of your home! Whether you're celebrating family milestones, documenting travel adventures, or preserving cherished moments, digital scrapbooking is a great way to showcase your stories. In this class, we will cover:

Introduction to Shutterfly: How to set up an account, navigate the website, and explore available templates.

Creating Your First Digital Scrapbook: Step-by-step guidance on uploading photos, selecting layouts, and customizing pages with text and embellishments.

Design Tips and Tricks: Learn how to use colors, fonts, and graphics to enhance your pages and create visually stunning designs.

Printing Your Scrapbook: Tips on how to finalize your project for printing and ordering high-quality photo books from Shutterfly.

This hands-on workshop is ideal for older adults who are looking to preserve their memories in a digital format. No prior experience with scrapbooking or Shutterfly is necessary, and you'll receive personalized assistance as you explore the world of digital scrapbooking.

Join us to unlock your creativity and preserve your precious moments in a modern, lasting way!

This class has a maximum of 12 participants—register today! If you are not able to attend, please contact programs so we can activate our waitlist.

A Global Perspective on Governance

Government

Friday, April 4

10 to 11 a.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Abhishek Bhati, Ph.D., Associate Professor of Political Science, BGSU*

COURSE OUTLINE:

Continued on next page.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

A Global Perspective on Governance (Cont.)

Government

Friday, April 4

(Zoom option available)

10 to 11 a.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Abhishek Bhati, Ph.D., Associate Professor of Political Science, BGSU*

COURSE OUTLINE:

In this class, we will delve into the intricacies of two major government systems—the presidential and parliamentary systems—by analyzing their structure, functions, and implications for governance. Through case studies of the United States and the United Kingdom, we will explore how each system operates in practice. Special attention will be given to the Indian government, which follows the parliamentary system modeled after the UK's, and we will examine the unique political environment in India. Additionally, we will explore how the political systems in Asia, Europe, and the U.S. shape international relations and domestic policies. Expect a thorough, engaging discussion with opportunities to relate these concepts to current global political events.

Art Tells Stories Part II

Art

Tuesdays, April 8 to April 29

2 to 3 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Sharon Hanna, Toledo Museum of Art Docent*

COURSE OUTLINE:

This program will provide an enriching exploration of art through the lens of thematic analysis and interactive discussions, using works from the rich collection of the Toledo Museum of Art. Sessions will revolve around themes that span diverse cultures, styles, and time periods. Lively conversations will encourage participants to share their own perspective and interpretation and to learn from others. Group activities tailored to each theme will further deepen an appreciation of visual art as a medium for artistic intention and expression.

Together, participants will explore how art both reflects and shapes our understanding of the world. No prior art expertise is required—just an open mind and a curiosity to discover the stories that art can tell.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Introduction to Philosophy

Philosophy

Wednesdays, April 9 to April 30, 2025

3:30 to 4:30 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Lou Katzner, Trustee Professor Emeritus of Philosophy*

COURSE OUTLINE:

Philosophy explores issues that have puzzled people since the beginning of recorded thought (and possibly earlier than that). This is so for two reasons. (1) The issues explored underly our understanding of ourselves and our existence. (2) They are not issues that can be resolved once and for all.

This course will provide background on some of the listed issues and participants will discuss case studies based on these issues. Regardless of whether you took a philosophy course (most likely many years ago) or not, if you have thought about or are interested in thinking about them, this class is an opportunity to do so.

The course will focus on the following topics:

Week 1: What is philosophy?

Week 2: Many of the choices we make feel free to us. Do we have free will?

Week 3: Some of the things we do we believe are right while others believe they are wrong. Are they only right for me or are they right for everyone?

Week 4: We say we know some things and just believe others. Can we be sure that the things we say we know are actually true?

The instructor will provide you with background and a structure to discuss these issues with others.

Adventures in Spanish Language I

Language

Thursdays, April 10 to May 15, 2025

10 to 11:30 a.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Liliana Rossi, Ph.D. Spanish Literature, Spanish Teacher, Paralegal (Immigration)*

COURSE OUTLINE:

Continued on next page.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Offerings

Adventures in Spanish Language I

Language

Thursdays, April 10 to May 15, 2025

10 to 11:30 a.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

COURSE OUTLINE:

This course will introduce the basic Spanish language and the culture of the Spanish-speaking world. This course requires no previous knowledge with the language, the lessons being the building blocks of Spanish: the alphabet, the proper pronunciation of consonant and vowel sounds, greeting and responses to greetings. You will be introduced to daily expressions found in everyday conversations. The purpose of this course is to develop basic language skills so that you can communicate appropriately in the language. Other topics covered include: Cognates, what's the weather like, describing people, family life, -AR verbs (most common), what I like and how do I feel.

A minimum of 5 participants is required to hold this class. Attendance is essential to master the information provided.

In the News: US Supreme Court

Government

Wednesday, April 30

10:30 to 11:30 a.m.

LOCATION: Wood County Courthouse, 1 Court House Square, Bowling Green, **Court #4**

INSTRUCTOR: *Joel Kuhlman, Judge at Wood County Court of Common Pleas*

COURSE OUTLINE:

This session will be an insightful exploration into the decisions of the U.S. Supreme Court and their profound implications for our daily lives. This class delves into the most recent rulings from the highest court in the land, examining their legal reasoning, societal impact, and implications for individual rights and public policy.

This class offers a unique opportunity to engage with current legal issues that shape our nation's future. Don't miss your chance to gain clarity on the decisions shaping our collective tomorrow.

**Participants must provide their own transportation to the courthouse, carpooling is encouraged*

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025

Course Overview

Reflecting on Mythology

Mythology

Tuesday, May 6

(Zoom option available)

1:30 to 2:30 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Phillip S. Peek, Ph.D., Professor, BGSU*

COURSE OUTLINE: This session will discuss the thinking of our way into a better mode of living and living our way into a better mode of thinking through reflecting on myth. Topics to be discussed include:

- the journey of gods, heroes (male and female), and its application to life
- the trickster character
- Akhilleus and his wrath
- Oidipous
- mythological concepts of interconnectedness, non-duality, and impermanence

Immigration Explained

Law

Fridays, May 9 and May 16, 2025

1 to 2:30 p.m.

LOCATION: Wood County Committee on Aging, 140 South Grove Street, Bowling Green

INSTRUCTOR: *Liliana Rossi, Ph.D. Spanish Literature, Spanish Teacher, Paralegal (Immigration)*

COURSE OUTLINE:

May 9th: Until the 1980's US Immigration law was largely a matter for the states. Today is almost entirely federal. Several agencies have roles in administering the INA. September 11, 2001, led to a radical restructuring of the government agencies passing the Homeland Security Act of 2002 which created the Department of Homeland Security. Nowhere does the Constitution expressly authorize the federal government to regulate immigration. I will share a brief history of the laws and discuss the agencies involved currently and their responsibilities.

Vocabulary to be discussed: INS, DHS, USCIS, EOIR, CBP, ICE, BIA, NVC (State Department), DOJ, DOL, Alien, NTA, FOIA

May 16th: Processes and Applications. Immigrant and Non-immigrant visas. Descriptions and requirements. Asylum, DACA, Family sponsored, Waivers, U/T visas, Naturalization (and Citizenship Test) Removals, BARS, Cancellation of Deportation, Work permits, Tourist and Study visas, Fiancé visa, TPS, I-94, 9 Verify, RFE's, Affidavit of Support, Biometrics. Vocabulary relative to these processes.

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

LivelyU Spring 2025 Registration Form

A partnership between the Wood County Committee on Aging and the BGSU Optimal Aging Institute
Registration is required and payment (\$20) is due upon registration

Name: (PRINT) _____

Phone Number: _____ Date: _____

NOTE: All session reminders and changes will be sent via email.

Email: (PRINT) _____

Payment Type: Cash Check Credit Card

Please clearly mark the classes you would like to register for:

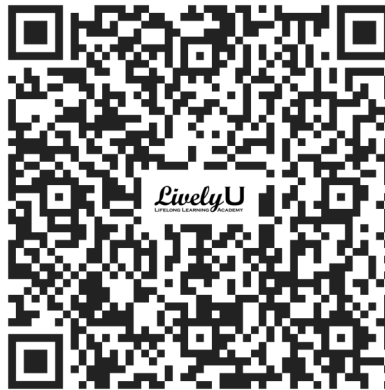
- | | |
|---|--|
| <input type="radio"/> Short Story Reading Club
<i>Joe Elias</i> | <input type="radio"/> Nutrition and You
<i>Laura Brubaker</i> |
| <input type="radio"/> Short Story Writing Boot Camp
<i>Joe Elias</i> | <input type="radio"/> The Art of Digital Scrapbooking
<i>Amy Whitacre</i> |
| <input type="radio"/> Uncovering BG's Historical Buildings
<i>Geoff Howes</i> | <input type="radio"/> Global Perspective on Governance
<i>Dr. Abhishek Bhati</i> |
| <input type="radio"/> Voyage into Mystery: Indian Ocean
<i>Barbara Laird</i> | <input type="radio"/> Art Tells Stories Pt. II
<i>Sharon Hanna</i> |
| <input type="radio"/> Southeast Asian Escapade
<i>Judy Pffaffenberger</i> | <input type="radio"/> Introduction to Philosophy
<i>Lou Katzner</i> |
| <input type="radio"/> Gallery Group
<i>Michael Coomes and Sally Dreier</i> | <input type="radio"/> Adventures in Spanish Language I
<i>Liliana Rossi</i> |
| <input type="radio"/> Traditions and Superstitions
<i>Liliana Rossi</i> | <input type="radio"/> In the News: US Supreme Court
<i>Judge Joel Kuhlman</i> |
| <input type="radio"/> An Insider's Journey into Xi'an
<i>Barbara Laird</i> | <input type="radio"/> Reflecting on Mythology
<i>Phillip Peek</i> |
| <input type="radio"/> Aging Behind the Wall
<i>Dr. Bob D. Lee</i> | <input type="radio"/> Immigration Explained
<i>Liliana Rossi</i> |
| <input type="radio"/> Norwegian Wonders
<i>Judy Pffaffenberger</i> | |

For Office Use Only: _____ Payment received _____ Entered in document _____

LivelyU Spring 2025 Registration

Notice: Our emails are sent through a program called *Constant Contact*; please do not unsubscribe as it will permanently take you off our emailing list for reminders. Thank you.

Use the QR Code below to register for classes quickly and easily! No need to turn in registration form.



Have a topic you want to attend a class on? Leave topic suggestions along with names of who could teach them! We are working on growing our class catalog.



Spring Semester 2025 Calendar

March 2025				
<i>* Denotes that class is held at an offsite location</i>				
Monday	Tuesday	Wednesday	Thursday	Friday
3 3 p.m. Short Story Reading Club	4	5 2 p.m. Uncovering BG's Historical Buildings 3 p.m. Short Story Writing Boot Camp	6 2 p.m. Voyage into Mystery: Tales of the Indian Ocean Adventure	7
10 3 p.m. Short Story Reading Club	11 1 p.m. Southeast Asian Escapade	12 2 p.m. Gallery Group * 3 p.m. Short Story Writing Boot Camp	13	14
17 3 p.m. Short Story Reading Club	18	19 3 p.m. Short Story Writing Boot Camp	20 1 p.m. Traditions and Superstitions 2 p.m. Xi'an's Vibrant Culture	21
24 3 p.m. Short Story Reading Club	25 10:30 a.m. Aging Behind the Wall: Exploration of Chinese Older Adults	26 3 p.m. Short Story Writing Boot Camp	27 10 a.m. Nutrition & You	28
31 3 p.m. Short Story Reading Club	1 p.m. Norwegian Wonders			

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025 Calendar

April 2025

** Denotes that class is held at an offsite location*

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 10 a.m. Nutrition & You * 3 p.m. Short Story Writing Boot Camp	3 1 p.m. Digital Scrapbooking	4 10 a.m. Global Perspective on Governance
7 3 p.m. Short Story Reading Club	8 2 p.m. Art Tells Stories Pt. II	9 2 p.m. Gallery Group * 2 p.m. Uncovering BG's Historical Buildings 3 p.m. Short Story Writing Boot Camp 3:30 p.m. Intro to Philosophy	10 10 a.m. Spanish I 1 p.m. Digital Scrapbooking	11
14	15 2 p.m. Art Tells Stories Pt. II	16 3:30 p.m. Intro to Philosophy	17 10 a.m. Spanish I 1 p.m. Digital Scrapbooking	18
21	22 2 p.m. Art Tells Stories Pt. II	23 3:30 p.m. Intro to Philosophy	24 10 a.m. Spanish I 1 p.m. Digital Scrapbooking	25
28	29 2 p.m. Art Tells Stories Pt. II	30 10:30 a.m. US Supreme Court* 3:30 p.m. Intro to Philosophy		

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

Spring Semester 2025 Calendar

May 2025

** Denotes that class is held at an offsite location*

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10 a.m. Spanish I	2
5	6 1:30 p.m. Reflecting on Mythology	7 2 p.m. Uncovering BG's Historical Buildings	8 10 a.m. Spanish I	9 1 p.m. Immigration Explained
12	13	14 2 p.m. Gallery Group *	15 10 a.m. Spanish I	16 1 p.m. Immigration Explained

LivelyU
LIFELONG LEARNING ACADEMY

*Thank you for participating in LivelyU Spring 2025.
Information for our fall 2025 semester will be out late
summer 2025.*

The Wood County Committee on Aging, Inc. makes every effort to ensure diversity of courses and, thus a diversity of views and opinions on a variety of topics. The views and opinions of persons offering courses should not be interpreted as reflecting or representing the views or opinions of the Wood County Committee on Aging, Inc.

WOOD COUNTY
COMMITTEE



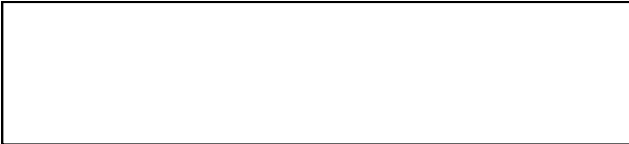
Wood County Committee on Aging, Inc.
140 S. Grove Street
Bowling Green, Ohio 43402
419.353.5661 or 1.800.367.4935

To contact WCCOA: wccoa@wccoa.net
To register for programs & events: programs@wccoa.net

We're on the Web!
www.wccoa.net

 **FACEBOOK**
www.facebook.com/wccoa

 **LOGSPOT**
woodcountycommitteeonaging.blogspot.com/



The LivelyU Lifelong Learning Committee would like to formally thank all of the instructors for their willingness to share their time and knowledge with the participants during their course time. A most gracious thank you is also extended to the participants for their interest in actively learning and growing through these course offerings. We are looking forward to another great year of learning, sharing and exploring together. The Fall 2025 course offerings will be available in late summer of 2025. The Fall semester will run from September—November

If you would like to share course ideas or comments about the current course offerings please send an email to programs@wccoa.net or call 419.353.5661 and ask for the Programs Department.

The Optimal Aging Institute and WCCOA are looking forward to hosting you in 2025!



LivelyU
LIFELONG LEARNING ACADEMY