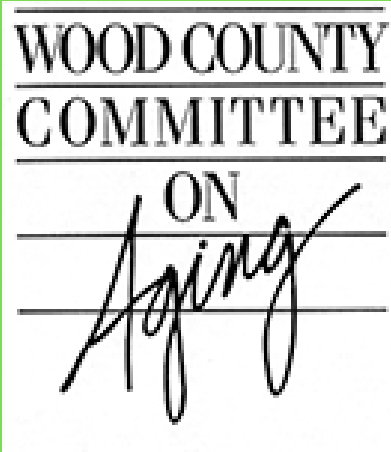


# WOOD COUNTY COMMITTEE ON AGING, INC.

## 2022 Annual Report



**140 S. GROVE STREET  
BOWLING GREEN, OH 43402  
419-353-5661 OR 800-367-4935  
[www.wccoa.net](http://www.wccoa.net)  
[www.facebook.com/wccoa](https://www.facebook.com/wccoa)**

### OUR MISSION

The mission of the Wood County Committee on Aging, Inc. is to provide older adults with services and programs which empower them to remain independent and improve the quality of their lives.

### OUR VISION

The Wood County Committee on Aging aspires to be recognized as the premiere agency for the provision of services for older adults and their families in Wood County.

### Eight Senior Centers in Wood County

Grand Rapids North Baltimore  
Northeast (Walbridge) Pemberville  
Perrysburg Rossford Wayne Wood  
County (Bowling Green)

## A Message from the Board President

Dear Wood County Residents:

The Wood County Committee on Aging, Inc. (WCCOA) is pleased to present our 2022 Annual Report.

This report highlights the great variety of services and programs offered by WCCOA. Like the previous year 2022 provided many challenges for all of us but we continued to move forward with our mission. We also experienced the lifting of one of the last pandemic requirements for our clientele visiting our facilities. Besides the usual challenges the year provided us opportunities to be innovative and provide new programs to meet our core mission.

One of the new programs that started in 2022 was “LivelyU Life Learning Academy” that was offered in person and by Zoom. This program was done in collaboration with The BGSU Optimal Aging Institute. Another great service is the home delivered meals providing a balanced nutritious meal delivered to the senior’s home. This service also offers peace of mind to the senior’s family member members as they know their senior is being checked on at least once a day 5 days a week besides receiving a balanced and nutritious meal. LivelyU and home delivered meals is just two of the MANY programs and services provided by WCCOA. Please be sure to read our report and learn more about the many opportunities provided by WCCOA.

Our staff deserves a big “Thank You” for a job well done during 2022 as they worked hard and diligently to provide our programs and services. Like many other organizations and businesses we dealt with staffing issues whether it was retirement, medical leave or other employment opportunities. Through cross training our dedicated staff was able to continue provide the many programs and services offered by WCCOA with only a couple of satellite locations experiencing impact from the staffing issues. Another big “Thank You” goes out to our volunteers as their effort makes it possible for WCCOA to provide our services and programs.

We are also thankful for the assistance from the Wood County Commissioners and the Wood County Health Department. They definitely helped us make a difference in the lives of seniors in Wood County.

Through the continued efforts of our staff and volunteers and the use of our eight Senior Centers, WCCOA shall maintain and expand or services for the senior population of Wood County. If you have any questions about our services or should you desire to be a part of WCCOA, please do not hesitate to contact us at 800.367.4935 or via email at [wccoa@wccoa.net](mailto:wccoa@wccoa.net)

Sincerely,

Paul Herringshaw, President 2022  
WCCOA Governing Board

Denise C. Niese  
WCCOA Executive Director

# PROGRAMS DEPARTMENT

## DANIELLE BROGLEY, DIRECTOR OF PROGRAMS

As we move into post pandemic times it is evident that the Wood County Senior Centers are reframing their services with enhanced programming leading to increased attendance in the communities that they serve. These opportunities for connection have provided a broader outreach, and continue to impact family, friends and neighbors.

At the beginning of 2022, we launched a new online and in-person platform of learning called, “LivelyU Lifelong Learning Academy.” The LivelyU Lifelong Learning Academy is a platform of programming offered through the Wood County Committee on Aging, Inc. (WCCOA) in partnership with the Bowling Green State University (BGSU) Optimal Aging Institute. The Academy is designed to enhance our Senior Center programming with opportunities for lifelong learning. Academy courses focus on education, engagement and life enrichment and are facilitated by volunteer instructors with a passion/expertise for their chosen subjects. The majority of the instructors are retired professors from BGSU. Our courses are intended to be enjoyable and stimulating for all participants and include opportunities for active learning, enhanced social interaction and engagement. The attendee’s backgrounds range from high school graduates to graduates with PhD’s. Once they pay their tuition of \$20 they can join in person or via Zoom for the full calendar year. Participants joined using Zoom from as far away as Cincinnati, Ohio. In March of 2022, the first semester offered 7 classes, with 62 participants registered and 78 units of service. The summer semester started in June and offered 10 classes, with 103 participants registered and 98 units of service. The year wrapped up with our fall semester beginning in September and offering 16 classes, with 138 participants and 219 units of service. The response to this project is a result of the courses selected for the semester which was developed by the following committee members; Danielle Brogley, David Drain, Carol Kinsey, Dianne Klein, Liz Lauck, Vivian Miller, Eric Myers, and Lynn Ritter.

This calendar year we offered programs accessible to the homebound, participants who live out of state, or those participants who had obligations and missed the originally planned educational session. By recording the sessions on Zoom and posting them on YouTube it allowed our users to access programs on their convenience, in their own space and allowed them to share featured programs with family members who reside out of state. The WCCOA YouTube library in 2022 had over 192 videos posted with 206 subscribers which is an increase from 2021 where we had 145 videos and 79 subscribers. One video alone reached over 10,000 views. Participation rates began to escalate in the 3rd quarter as pandemic concerns began to decline.

Through continued use of Constant Contact, we provide a weekly email to users which highlights Zoom programs, featured in-person programs and changes or updates to weekly in-person programming. This marketing method, Facebook and our blog has enabled us to provide a more enhanced connection with our users. Participants are now emailing our program account and are gaining more access to our digital information.

An enhanced partnership with Collette travel enabled us to host sold-out trips to California and Iceland. Users of these trips were not the typical Senior Center participants. Offering additional trips with broader destinations enabled WCCOA to tap in to a wider consumer base integrating over three generations of older adults ranging from 50 years of age to over 100 years of age.

The impact of WCCOA’s programs span well beyond the consumers we serve as their interactions provide piece of mind to families, friends and neighbors. As we continue to develop programming that connect the broader community we will strive to make our centers a place where older adults can thrive and we will work to provide access to programming from the comfort of their homes.

# SOCIAL SERVICES

## LISA MYERS, LISW-S, DIRECTOR OF SOCIAL SERVICES

The Social Services Department offers many programs and services to enhance older adults' independence. The staff in our department conduct all of the new intakes for our home delivered meal program, which in this past year were a total of 478 intakes or new signups for the home delivered meal program. In addition to signing up eligible clients for the home delivered meal program, Social Services staff also conduct initial and annual home delivered meal assessments on all participants on the program, which in 2022 accounted for a total of 802 meal assessments. The purpose of these assessments is to determine/redetermine eligibility for the program, evaluate client's activities of daily living and offer information, services and supports where needs may be identified. Our department also offers medical transportation which is completed by two medical escort drivers. A total of 1,018 round trip medical transports and 61 one-way medical transports were completed in total by these two medical escorts in 2022.

The Social Services Department also assist clients and caregivers with education of community resources and information/referrals. In 2022, the department completed 2,798 information and referrals contacts. Our department also offer support groups twice a month for those who are grieving the loss of a loved one. In addition to monthly caregiver support groups at the Wood County Senior Center and the Perrysburg Area Senior Center. These groups are facilitated by the Director of Social Services who is a Licensed Independent Social Worker (LISW-S) and also by the Social Services Specialist who is a Licensed Social Worker (LSW). The Social Services Department also assist with maintaining independence by coordinating minor home repairs to older adults. The agency received \$23,888.50 in minor home repair funds through the Area Office on Aging of Northwestern Ohio, in addition to \$12,500.00 in American Rescue Plan Act (ARPA) funds for home repairs in 2022. These funds were all exhausted in 2022 and assisted 13 older adult residences with minor home modification and repairs.

Additional services offered by the Social Services Department include Medicare consultation, friendly visitor program and medical equipment loan.

It seems that the needs for these programs and services for the older adult population continue to grow in Wood County. Social Services staff will continue doing all we can to keep up with the increased utilization to serve as many older adults in Wood County as possible.



# WCCOA VOLUNTEERS

## STEPHANIE SPENCER, ADMINISTRATIVE ASSISTANT/VOLUNTEER COORDINATOR

Desmond Tutu once said, “Do your little bit of good where you are; it is those little bits of good put together that overwhelm the world.” The Wood County Committee on Aging, Inc (WCCOA) is comprised of more than 266 active volunteers who each add their little bit of good to make the lives of Wood County seniors better. Over the course of 2022, those 266 volunteers provided more than 12,449 hours of service. All eight of our Senior Center locations have volunteers provide their time and talents to volunteer opportunities such as delivering meals, answering phone calls, serving meals, helping with clean up or even making popcorn. This includes many of our volunteers who serve in more than one role.

The home delivered meal program saw 210 volunteers provide over 6,057 hours delivering meals to our homebound seniors through each of our eight sites. These volunteers reliably show up, rain or shine, to deliver meals across the county. Our front desk volunteers at the Wood County Senior Center are the first connection with many people using our services, whether that is over the phone or in person. In 2022, we had 11 front desk volunteers who regularly served in four (4) hours shifts that combine for a total of 1,535 hours.

We also have 36 volunteers across all sites who provide kitchen and dining room help. These volunteers gave 2,367 hours to tasks such as setting up for meals and washing dishes. The newsletter collation volunteers come in once or twice a month to assist in assembling the monthly newsletter, totaling 266 hours. Our 15 board members meet monthly and gave 136 hours to regular meetings or committee meetings. We also have volunteers who complete bag stamping, clerical duties, shredding, and other tasks helpful to our staff. These general services volunteers provided 738 hours over the course of the year.

Our volunteers have proven that we can accomplish a lot together! Thank you to our many volunteers who helped to provide 23,548 hours of service.





# FOOD SERVICE

## ANGIE BRADFORD, DIRECTOR OF FOOD SERVICE

This year brought older adults throughout Wood County the ability to once again appreciate social connectedness and hot, nutritious meals at the congregate meal sites. Over 1400 unduplicated older adults took advantage of this opportunity to enjoy a meal at one of the eight Wood County Senior Centers. This meal provided them the enjoyment of interaction in a group setting that they were unable to get in the previous years due to the COVID pandemic. More than 53,000 congregate noon meals were served at the Wood County senior centers in 2022. In addition to the noon meals, the evening meal program flourished. The dinner meal, prepared and served only at the Wood County Senior Center (Bowling Green Site), provided 6,600 meals to those participants coming into the site during the evening hours (Tuesday-Thursday).

For those individuals unable to transport themselves into one of the area senior centers, WCCOA continued to provide daily (Monday- Friday) home delivered meals to those homebound individuals 60 years of age and older. These meals delivered by either a trained volunteer or paid driver not only provided a hot lunch to those individuals, it also provided a daily wellness check. Over 156,000 home delivered meals were delivered to 2364 unduplicated participants, who may otherwise not have been able to access or prepare a hot, nutritious meal.

Seven of the eight senior centers received the 2022 Wood County Health Department's Clean Plate Award; this award is given to those food service establishments that have had violation free inspections throughout the previous inspection year (March 2021-March 2022). The WCCOA Production Kitchen which is inspected and licensed through the Ohio Department of Agriculture, continues to be recognized for their good manufacturing practices.

The Director of Food Service was again able to visit the sites and present her annual Menu Talk. This presentation allows for discussion regarding the menu making process and explains the rules and regulations regarding the federal and state requirements of the menus. Suggestions and input for the upcoming years' menu was gathered. In addition, an annual survey went out to all home delivered meal participants to help collect their input for the meal program and upcoming menus.

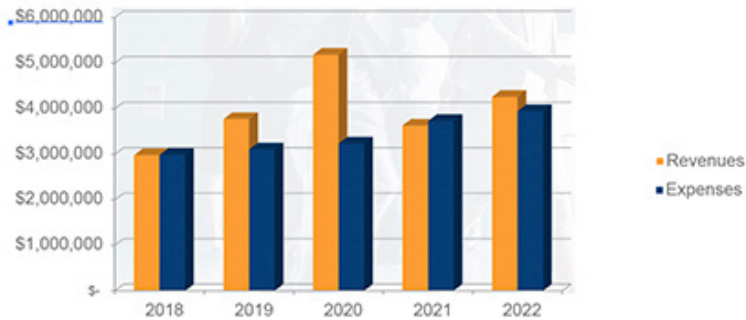


# WOOD COUNTY COMMITTEE ON AGING, INC.

## FINANCIAL RESULTS

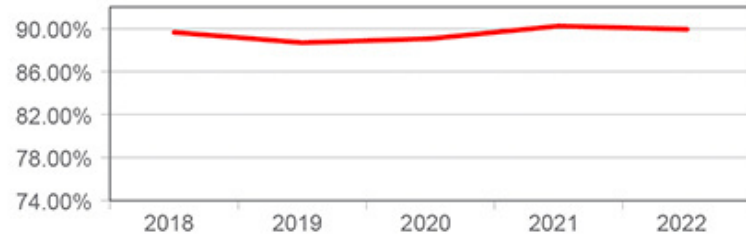
KEITH WHITACRE, FINANCE DIRECTOR

### Statement of Activities Recap



Source: Audited financial statements.

### Program Ratio



Program ratio measures the percentage of total expenses devoted to direct activities versus supporting services.

Source: Audited financial statements.

## 2022 GOVERNING BOARD

**Paul Herringshaw, President**  
**Tom Milbrodt, President Elect**  
**Nance Orel, Secretary**  
**George Stossel, Treasurer**  
**Roger Anderson**  
**John Calderonello**  
**Janet Delong**  
**Sue Hart-Douglas**  
**Sue Hess**  
**Tim McCarthy**  
**Jim Miles**  
**Judy Wahrman**  
**Eric Myers, Immediate Past President**

## 2022 WCCOA Staff Members

Gail Baden • Robin Beard • Barb Becker • Chuck Below • Cindy Below • Emily Black • Angie Bradford • Rita Brieschke • Danielle Brogley • Nikki Brooks • Jessi Chapman • Barry Cox • Paul Dauch • McKenna Durst • Allison Freeman • Sandra Gerety • Cathy Hill • Jeff Hoffmann • Kinsey Kale • Denise Kaminski • Cheryl Kinder • Linda Knepley • David Kuebeck • Liz Lauck • Jackie Metz • Jason Miller • Lisa Myers • Denise Niese • Markeita Phillips • Jessica Ricker • Linda Savage • Stephanie Spencer • Jim Stainbrook • Mary Tebbe • Leah Creek • Annette Wells • Keith Whitacre