

# SERVICES OF WOOD COUNTY COMMITTEE ON AGING, INC.

# **Nutritious Hot Noon Meal**

- Eligibility is age 60 and over
- Bowling Green, Rossford, Perrysburg, North Baltimore, Northeast (Walbridge), Pemberville, Wayne, Grand Rapids
- Programs offered before or after meals
- Suggested donation is \$2.00 Guests under 60 welcome, meal fee is \$5.00

## **Home Delivered Meals**

- Eligibility age 60+ and resident of Wood County
- Homebound Client does not leave the home under normal circumstances and then only with the assistance of another person.
- Frozen meals are available on request for weekends (no entree selection) must have oven or microwave to heat meals & freezer space
- Service area for hot lunch includes all of Wood County
- Suggested donation is \$2.00 per meal

# Physical, Cultural, Educational, Social, & Recreational Activities

- Virtual & in-person offerings with pre-registration and limited capacity
- Programs are open to all (seniors have priority)
- Fees for classes/programs and events vary, some are free
- See newsletter for complete list of programs at each site, www.wccoa.net

# Medical Transportation (60+ and living in Wood County)

- First come, first served
- Up to three (3) times per month
- Days of service are Monday through Friday
- Appointments need to be between 9a-2:30p
- Call for service area covered
- Special scheduling for wheelchair van
- Donations are accepted

### Contact us:

Wood County Committee on Aging 140 South Grove St. Bowling Green, Ohio 43402

419-353-5661 or 1-800-367-4935 www.wccoa.net

# **Durable Medical Equipment (DME) Loan Closet**

- Examples of DME items available: wheelchairs, bedside commodes, shower chairs, canes, walkers, crutches, etc. (availability varies)
- Loan, as items are available
- Loan time- up to 6 months (wheelchairs/knee walkers limited to 6 weeks only)
- Monetary donations are accepted for use

OVER...

## **Community Support Groups** (see WCCOA newsletter for complete list)

- Grief Support Group (BG Senior Center, call Lisa or Caleb @ 419-353-5661)
- Caregiver Support Group (BG & Perrysburg Senior Centers call Caleb @ 419-353-5661)
- Diabetes Interest Group (Wood County Hospital 419-354-8863 for info)
- NAMI (National Alliance on Mental Illness) Recovery & Family Support Groups 419-352-0626
- Grandparents Raising Grandchildren Support Groups (Wood County ESC 419-354-9010 for info)

#### Social Services

- Information and referral
- Home Delivered Meal client intakes and assessments
- Educational programs
- Community resource lists for non-medical home care agencies, skilled care, assisted living facilities, subsidized housing, nursing home and adult day care
- Individual caregiver consultation by appointment
- Minor home repair program
- 2 OSHIIP trained Medicare counselors on staff

# Income Tax Assistance: Offered through AARP

- Appointment is necessary
- First come, first serve
- Free of charge, must have low/medium income

# **Volunteer Opportunities**

 Home meal deliveries, assisting with congregate meals-noon and evening, newsletter collation, birthday party sponsors, friendly visitors etc.