

<i>For Office Use Only</i>		
___ Site	___ SAMS	___ Filed by Data Technician
___ MSC	___ Social Services	Date: _____

Last Name:	First Name:	MI:	Birthdate:	Gender:
Address:		City:		ZIP:
Phone #:	Last 4 digits of SSN:	Email:		
If there is an epidemic or pandemic that requires it, I am willing to have the necessary medication delivered to me.			<b>X</b>	
I do hereby authorize the Wood County Committee on Aging to use my photograph for publicity or other purposes as they see fit.			<b>X</b>	

**Emergency Contact:**

Contact Name:	City & State:	
Relationship:	Phone #1:	Phone #2:

Primary Doctor:	Telephone:
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Race: ( ) <i>Refused</i> ( ) African-American ( ) White ( ) Hispanic ( ) Asian/Pacific Islander ( ) Native American	Is your income under \$1040/month? ( ) Yes ( ) No	# in Household	Do you have any disabling conditions? ( ) Yes ( ) No
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<b>Determine Your Own Nutritional Health Checklist - Form ODA0010</b>	<b>YES</b>	<b>NO</b>
1. I have an illness or condition that made me change the kind and/or amount of food I eat.	2	0
2. I eat fewer than two meals per day.	3	0
3. I eat few fruits or vegetables, or milk products.	2	0
4. I have three or more drinks of beer, liquor or wine almost every day.	2	0
5. I have tooth or mouth problems that make it hard for me to eat.	2	0
6. I don't always have enough money to buy the food I need.	4	0
7. I eat alone most of the time.	1	0
8. I take three or more different prescribed or over-the-counter drugs a day.	1	0
9. Without wanting to, I have lost or gained 10 pounds in the last six months.	2	0
10. I am not always physically able to shop, cook and/or feed myself.	2	0
<b>Total Score Today:</b> (Add ALL circled answers. If your score is 6 or above, a staff person from Social Services will contact you to discuss resources.)		

**For Staff Use Only**

FOLLOW UP SECTION FOR HIGH NUTRITIONAL RISK

(a score of 6 or higher on the Determine Your Own Nutritional Health Checklist):

Date Nutritional Checklist received by Social Service Staff: \_\_\_\_\_

Date of client contact: \_\_\_\_\_

Client was referred to the following agencies for follow-up regarding nutritional concerns:

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Social Services Staff Signature: \_\_\_\_\_

Date: \_\_\_\_\_