

GUIDING PATHWAYS

This gathering is for those with mild-to-moderate cognitive impairment.
A respite opportunity for the caregiver.

**A collaboration of St. Timothy's Episcopal Church,
Arista Home Care Solutions, and the Wood County Committee on Aging, Inc.**

Location:

St. Timothy's Episcopal Church
871 E. Boundary St., Perrysburg



Wednesday, November 3rd

Thursday, December 9th

From 10 a.m. - 2 p.m.

These sessions will focus on providing

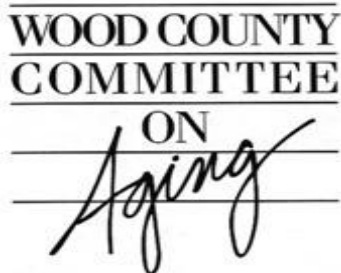
- Educational learning opportunities
- Social Engagement
- Physical Activities
- Stimulating Activities
- Art & Music
- Small Group Activities

Participants are encouraged to engage in all planned activities.

These gatherings will have participants with cognitive impairments experience interaction in a relaxing and engaging environment.

The program fee is \$10 per person per session (includes lunch).

For planning purposes, please contact the Wood County Committee on Aging by the Friday prior to the session you are registering for.



For more information or to register for this program, contact the Wood County Committee on Aging at 419.353.5661 or 1.800.367.4935 or email programs@wcco.net.

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We are also a mouse click away at www.wcco.net**

