



## **SERVICES OF WOOD COUNTY COMMITTEE ON AGING, INC.**

### **Nutritious Hot Noon Meal** \*As designated sites begin to re-open

- Eligibility is age **60 and over**
- Bowling Green, Rossford, Perrysburg, North Baltimore, Northeast (Walbridge), Pemberville, Wayne, Grand Rapids
- Programs offered before **or** after meals
- Suggested donation is \$2.00 Guests **under 60** welcome, meal fee is \$5.00

### **Home Delivered Meals**

- Eligibility age 60+ **and** resident of Wood County
- Homebound – Client does not leave the home under normal circumstances and then only with the assistance of another person.
- Frozen meals are available on request for weekends (no entree selection) must have oven or microwave to heat meals & freezer space
- Service area for hot lunch includes all of Wood County
- Suggested donation is \$2.00 per meal

### **Physical, Cultural, Educational, Social, & Recreational Activities**

- Virtual & in-person offerings with pre-registration and limited capacity
- Programs are open to all (seniors have priority)
- Fees for classes/programs and events vary, some are free
- See newsletter for complete list of programs at each site, [www.wcoa.net](http://www.wcoa.net)

### **Medical Transportation (60+ and living in Wood County)**

- First come, first served
- Up to three (3) times per month
- Days of service are Monday through Friday
- Appointments need to be between 9a-2:30p
- Call for service area covered
- Special scheduling for wheelchair van
- Donations are accepted

#### **Contact us:**

Wood County Committee on Aging  
140 South Grove St.  
Bowling Green, Ohio 43402

**419-353-5661 or 1-800-367-4935**

### **Durable Medical Equipment (DME) Loan Closet**

- Examples of DME items available: wheelchairs, bedside commodes, shower chairs, canes, walkers, crutches, etc. (*availability varies*)
- Loan, as items are available
- Loan time- up to 6 months (**wheelchairs/knee walkers limited to 6 weeks only**)
- Monetary donations are accepted for use

**OVER...**

### **Community Support Groups** (see WCCOA newsletter for complete list)

- Grief Support Group (BG Senior Center, call Lisa or Jessica @ 419-353-5661)
- Alzheimer's Caregiver Support Group (BG & Perrysburg Senior Centers call Jessica @ 419-353-5661)
- Diabetes Interest Group (Wood County Hospital 419-354-8863 for info)
- NAMI (National Alliance on Mental Illness) Recovery & Family Support Groups 419-352-0626

### **Nursing and Social Services**

- Information and referral
- Blood pressure **and** finger stick blood sugar monitoring *each* month @ senior center locations that are open and serving congregate meals
- Cholesterol screening by appointment (full lipid panel/3 times per year)
- Home visits for Home Delivered Meal client assessments
- Educational and health related programs
- Community resource lists for non-medical home care agencies, skilled care, assisted living facilities, subsidized housing, nursing home and adult day care
- Individual caregiver consultation by appointment
- 3 OSHIP trained Medicare counselors on staff

### **Income Tax Assistance:** Offered through AARP

- Appointment is necessary
- Free of charge, must have low/medium income

### **Volunteer Opportunities**

- Home meal deliveries, assisting with congregate meals-noon and evening, newsletter collation, birthday party sponsors, friendly visitors etc.