

GUIDING PATHWAYS

This gathering is for those with mild-to-moderate cognitive impairment.
A respite opportunity for the caregiver.

**A collaboration of St. Timothy's Episcopal Church,
Arista Home Care Solutions, and the Wood County Committee on Aging, Inc.**

Location:

St. Timothy's Episcopal Church
871 E Boundary St, Perrysburg



1st Wednesday of every month

From 10 a.m. - 2 p.m.

These sessions will focus on providing

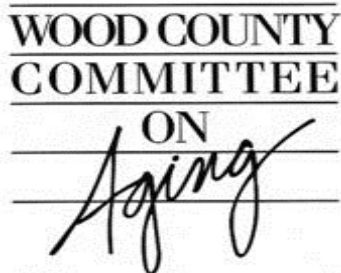
- Educational learning opportunities
- Social Engagement
- Physical Activities
- Stimulating Activities
- Art & Music
- Small Group Activities

Participants are encouraged to engage in all planned activities.

These gatherings will have participants with cognitive impairments experience interaction in a relaxing and engaging environment.

The program fee is \$10 per person per session (includes lunch).

**For planning purposes, please contact the Wood County Committee on Aging
by the Friday prior to the session you are registering for.**



For more information or to register for this program, contact the
Wood County Committee on Aging at 419.353.5661 or
1.800.367.4935 or email programs@wcco.net.

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We are also a mouse click away at www.wcco.net**

