

## Dinners are served at 5:30 p.m. at the Wood County Senior Center

*Reservations required by 2 p.m. that day.* (Menu is subject to change.)

No person over 60 shall be denied nutrition services because of failure to contribute all or part of the cost of such service. Participants shall determine for themselves what they are able to contribute toward the cost of the service. There is a \$4 suggested donation those over 60 and \$7 fee for those under 60 years of age.

*Nutrition and ingredient information is available upon request.*

**When making your reservation, a chicken breast can be requested instead of the listed entrée.**

### THURSDAY, November 1

BBQ Ribs, baked potato, corn, macaroni salad, ambrosia salad.

### TUESDAY, November 6

Pecan Crusted Tilapia, rice, Nantucket vegetable blend, orange sections, Texas caviar bean salad, cherry fluff.

*4:30 p.m. Readers' Café*

*6 p.m. Dominoes*

### WEDNESDAY, November 7

Salisbury Steak, European blend, potato cheese bake, SideKicks fruit slushie, cookies.

### THURSDAY, November 8

Oven Roasted Chicken, baked sweet potatoes, carrots, mandarin orange salad, sherbet.

### TUESDAY, November 13

**Thanksgiving & Birthday Celebration!** Turkey, mashed potatoes, bread dressing, green beans, cranberry Jell-O salad, pumpkin pie.

*4:30 p.m. Readers' Café*

*6 p.m. Dominoes*

### WEDNESDAY, November 14

Mushroom & Swiss Chicken Breast, rice, Brussels sprouts, cinnamon applesauce, cherry crisp.

### THURSDAY, November 15

Goulash, cauliflower, coleslaw, grapes, lemon bar.

*6 p.m. Bingo sponsored by Bowling Green Manor and Bowling Green Care Center.*

### TUESDAY, November 20

Salad w/Chicken Tenders, Egg & Cheese, grapefruit juice, potato salad, blueberry muffin, cookies.

*4:30 p.m. Readers' Café*

*6 p.m. Dominoes*

### WEDNESDAY, November 21

**No PM meal due to Thanksgiving Holiday!**

### THURSDAY, November 22

**All Sites Closed for Thanksgiving Holiday!**

### TUESDAY, November 27

Chicken Salad Croissant, cream of broccoli soup, melon, crump-topped peaches.

*4:30 p.m. Readers' Café*

*6 p.m. Dominoes*

*6 p.m. Movie: "Ocean's 8" Sponsored by Family Video of Bowling Green.*

### WEDNESDAY, November 28

Veal Marsala, mashed potatoes, Italian blend vegetables, banana, éclair cake.

### THURSDAY, November 29

Liver & Onions, Capri blend vegetables, hash brown potatoes, blueberry cobbler.

**Newsletter Subscription RENEWAL Time for 2019....**The annual donation is \$5 for Wood County residents and \$12 for residents outside of Wood County. Donations can be mailed to 305 North Main Street, Bowling Green, Ohio 43402 OR drop it off at a Senior Center near you. Ensure you have the following information enclosed: **your current mailing address, birthday, phone number and e-mail address if applicable.**

Financial hardship? Contact Holly Griggs in the Programs Department for assistance at 1.800.367.4935 or 419.353.5661 or email [programs@wcco.net](mailto:programs@wcco.net)

**Note:** Each Senior Center in Wood County will have newsletters that you may pick up if you choose not to have one mailed to you or you can view this newsletter on our website at [www.wcco.net](http://www.wcco.net)