

Lunches are served at 12:00 p.m., Noon, Monday through Friday.

No reservations necessary.

No person over 60 shall be denied nutrition services because of failure to contribute all or part of the cost of such service. Participants shall determine for themselves what they are able to contribute toward the cost of the service. There is a \$2 suggested donation for those 60 and over and a \$5 fee for those under 60.

Nutrition and ingredient information is available upon request.

MONDAY, September 3

All Sites Closed for Labor Day!

TUESDAY, September 4 Stuffed Pepper OR Chicken Nuggets, Riviera blend vegetables, Greek pasta salad, citrus sections, banana, cookies.

WEDNESDAY, September 5 Beef Stroganoff OR Teriyaki Chicken, noodles, tomato-zucchini blend, tossed salad, pears.

THURSDAY, September 6 Chipped Ham Sandwich OR Chicken Salad Sandwich, 3-bean salad, mandarin orange salad, marinated vegetable salad, ice cream.

FRIDAY, September 7 Goulash OR Pecan Crusted Tilapia, far east blend, grape juice, peaches & cream w/granola.

MONDAY, September 10 Bratwurst OR Grilled Chicken Sandwich, mashed potatoes, pineapple & cottage cheese, sauerkraut, rice krispy treat.

TUESDAY, September 11 Beef Lasagna OR Stuffed Chicken Breast, lima beans, plum, Caesar salad, pineapple pie.

WEDNESDAY, September 12 Turkey Stew OR Ham & Bean Soup, rosy applesauce, broccoli salad, cherry crunch.

THURSDAY, September 13 Chicken Paprikash OR Meatloaf, noodles, mixed vegetables, cauliflower peanut salad, peaches.

FRIDAY, September 14 Scalloped Potatoes & Ham OR Lemon Pepper Tilapia, Kyoto blend vegetables, pineapple juice, Texas Caviar salad, bread pudding.

MONDAY, September 17 Country Fried Steak OR Chicken Lasagna, mixed vegetables, pasta salad, orange, peach crisp.

TUESDAY, September 18 Chef Salad w/Ham, Cheddar, & Egg OR Tuna Salad on bed of lettuce, Frosted Pineapple Gelatin Salad, Banana Nut Muffin.

WEDNESDAY, September 19 **BirthDay Celebration!** Pork Chop, mashed potatoes, grape juice, mixed fruit, cake & ice cream.

THURSDAY, September 20 Hamloaf OR BBQ Chicken Breast, baked potato, spinach salad, apricots.

FRIDAY, September 21 Pepper Steak OR Amandine Pollock, wild rice, broccoli, pineapple, citrus coleslaw, cream pie.

MONDAY, September 24 Sweet & Sour Chicken OR Pork Cutlet, rice, oriental vegetables, tropical fruit, mandarin oranges in orange Jell-O.

TUESDAY, September 25 Baked Chicken OR Vegetable Lasagna, winter blend vegetables, strawberries & blueberries, pickled beets, pound cake.

WEDNESDAY, September 26 Turkey OR Liver & Onions, au gratin potatoes, carrot & celery sticks, orange sections.

THURSDAY, September 27 Hot Dog OR Hamburger, baked beans, melon, apple crisp.

FRIDAY, September 28 Chipped Beef OR Creamed Chicken, mashed potatoes, Midori blend vegetables, grapes, pie.



**Partnered Learning Activities
& Connected Experiences**

This project connects multiple generations in a Montessori School Environment and is designed for those with mild-to-moderate memory loss. Participants involved include BGSU students, Upper Grade School Students, and community members. Engagement for the care recipient includes group movement exercises, classroom exploration, activities provided for the home after each session. Sessions dates are as follows: **September 25 training date October 2 & 16, November 6, 27 December 4 from 9:30 a.m. until 11 :30 a.m. Cost: \$50 for 5 sessions.** Scholarship funds are available for those who qualify. **Space is limited** call 419.353.5661, 1.800.367.4935 or