

Served at 12:00 p.m., Noon, Monday through Friday.

No reservations necessary.

No person over 60 shall be denied nutrition services because of failure to contribute all or part of the cost of such service. Participants shall determine for themselves what they are able to contribute toward the cost of the service. There is a \$2 suggested donation for those 60 and over and a \$5 fee for those under 60.

Nutrition and ingredient information is available upon request.

MONDAY, January 1

All Sites Closed. Happy New Year!

TUESDAY, January 2

Pulled Pork OR Turkey Burger, cheesy potato casserole, red apple, creamy coleslaw, brownie.

WEDNESDAY, January 3

Chicken Noodle Soup OR Stuffed Green Pepper Soup, broccoli salad, cinnamon applesauce, fruited Jell-O.

THURSDAY, January 4

Ham & Broccoli Royale OR Chicken Wings, cauliflower, pea salad, cherry crunch.

FRIDAY, January 5

Baked Chicken OR Roasted Vegetable Lasagna, carrots, grape juice, three bean salad, banana pudding.

MONDAY, January 8

Country Fried Steak OR Honey Mustard Chicken Breast, mashed potatoes, peaches, tomato juice, Rice Krispy treat.

TUESDAY, January 9

Cube Steak OR Turkey, baked potato, spinach salad, citrus sections.

WEDNESDAY, January 10

Spaghetti & Meatballs OR Chicken Alfredo, Midori blend vegetables, banana, cucumber salad, mousse.

THURSDAY, January 11

Shredded Chicken Sandwich OR Sloppy Joe, roasted sweet potatoes, pears, sauerkraut salad, cookies.

FRIDAY, January 12

Chicken & Dumplings OR Tuna & Noodles, peas, marinated vegetable salad, fruit cocktail.

MONDAY, January 15

All Sites Closed for Martin Luther King, Jr. Day!

TUESDAY, January 16

Chicken a la King OR Swedish Meatballs, brown rice, Riviera blend vegetables, peaches & pears, fruit punch juice.

WEDNESDAY, January 17

Birthday Celebration! Stuffed Pepper, lima beans, rosy applesauce, citrus slaw, cake & ice cream.

THURSDAY, January 18

BBQ Chicken Breast OR Liver & Onions, red skin mashed potatoes, glazed fruit salad, apple crisp.

FRIDAY, January 19

Cabbage Roll OR Lemon Pepper Pollock, au gratin potatoes, orange, Texas Caviar bean salad, lemon bar.

MONDAY, January 22

Chipped Beef OR Creamed Chicken, mashed potatoes, Far East blend vegetables, peaches & pears, pudding.

TUESDAY, January 23

Cream of Potato Soup OR Vegetable Soup, chipped turkey sandwich, celery sticks w/peanut butter, orange sections.

WEDNESDAY, January 24

Hamloaf OR Grilled Chicken Breast, buttered beets, Caesar salad, ambrosia.

THURSDAY, January 25

Hamburger Pie OR Smoked Sausage, squash, emerald pears, strawberry & blueberry shortcake.

FRIDAY, January 26

Roast Beef OR Almandine Pollock, stewed tomatoes, mandarin oranges & grapes, peach crunch.

MONDAY, January 29

Chicken Lasagna OR Veal Patty, mixed vegetables, orange juice, plums.

TUESDAY, January 30

Black-Eyed Peas Hash w/Sausage OR Chicken Pot Pie, French green beans, cabbage/apple/raisin salad, peaches, pecan pie.

WEDNESDAY, January 31

Turkey Pot Roast OR Meat & Bean Chili, tossed salad, frosted pineapple gelatin salad.