

Dinners are served at 5:30 p.m. at the Wood County Senior Center

Reservations required by 2 p.m. that day. (Menu is subject to change.)

No person over 60 shall be denied nutrition services because of failure to contribute all or part of the cost of such service. Participants shall determine for themselves what they are able to contribute toward the cost of the service. There is a \$4 suggested donation those over 60 and \$7 fee for those under 60 years of age.

Nutrition and ingredient information is available upon request.

When making your reservation, a chicken breast can be requested instead of the listed entrée.

TUESDAY, January 2

BBQ Pork Chop, baked potato, sugar snap peas, mandarin oranges & grapes, cookies.

4:30 p.m. Readers' Café

6 p.m. Dominoes

WEDNESDAY, January 3

Stuffed Salmon, Brussels sprouts, Texas bean salad, yogurt w/strawberries, blueberries & granola.

THURSDAY, January 4

Shredded Chicken Sandwich, sweet potato fries, coleslaw, fresh fruit, coconut cream pie.

TUESDAY, January 9

Birthday Celebration! Spaghetti & Meatsauce, carrots, tossed salad, fruit juice, cake & ice cream.

4:30 p.m. Readers' Café

6 p.m. Dominoes

WEDNESDAY, January 10

Bratwurst, sauerkraut, mashed potatoes, cantaloupe & grapes, apple strudel.

THURSDAY, January 11

Chicken Noodle Soup, grilled cheese sandwich, broccoli salad, pears, cherry crisp.

TUESDAY, January 16

Cabbage Roll, Prince Charles blend vegetables, mashed potatoes, ambrosia salad.

4:30 p.m. Readers' Café

6 p.m. Dominoes

WEDNESDAY, January 17

Chicken Lasagna, Italian blend vegetables, Caesar salad, tropical fruit, vanilla mousse.

THURSDAY, January 18

Ham, scalloped potatoes, corn, melon, cookies.

6 p.m. Bingo sponsored by BG Manor and BG Care Center.

TUESDAY, January 23

BBQ Beef Sandwich, red skin potatoes, cauliflower salad, orange, gingerbread cake.

4:30 p.m. Readers' Café

6 p.m. Dominoes

6 p.m. Movie: "Wonder Woman" Sponsored by Family Video of Bowling Green.

WEDNESDAY, January 24

Cobb Salad w/Chicken, Egg, Bacon & Cheese, corn relish, pineapple juice, banana muffin, ice cream.

THURSDAY, January 25

Meat Chili, celery & carrot sticks, fresh fruit, peach cobbler.

TUESDAY, January 30

Turkey, bread stuffing, baked potato, peas & onions, citrus sections, brownie.

WEDNESDAY, January 31

Teriyaki Chicken Breast, wild rice, Brussels sprouts, pickled beets, pears, pecan pie.

Newsletter Subscription RENEWAL Time for 2018....The annual donation is \$5 for Wood County residents and \$12 for residents outside of Wood County. Donations can be mailed to 305 North Main Street, Bowling Green, Ohio 43402 OR drop it off at a Senior Center near you. Ensure you have the following information enclosed: **your current mailing address, birthday, phone number and e-mail address if applicable.**

Financial hardship? Contact Holly Griggs in the Programs Department for assistance at 1.800.367.4935 or 419.353.5661 or email programs@wcco.net

Note: Each Senior Center in Wood County will have newsletters that you may pick up if you choose not to have one mailed to you or you can view this newsletter on our website at www.wcco.net