

Dinners are served at 5:30 p.m. at the Wood County Senior Center

Reservations required by 2 p.m. that day. (Menu is subject to change.)

No person over 60 shall be denied nutrition services because of failure to contribute all or part of the cost of such service. Participants shall determine for themselves what they are able to contribute toward the cost of the service. There is a \$4 suggested donation those over 60 and \$7 fee for those under 60 years of age.

Nutrition and ingredient information is available upon request.

When making your reservation, a chicken breast can be requested instead of the listed entrée.

THURSDAY, March 1

Turkey Pot Roast Stew, banana, pasta salad, ambrosia.

TUESDAY, March 6

Seafood Alfredo, mixed vegetables, Caesar salad, berry blend w/yogurt & granola.

4:30 p.m. Readers' Café

6 p.m. Dominoes

WEDNESDAY, March 7

Roast Beef, red skin potatoes, lima beans, mandarin oranges & grapes, lemon cream pie.

THURSDAY, March 8

Chicken Curry, rice, snap peas, watermelon, marinated vegetable salad, cookies.

TUESDAY, March 13

BirthDay Celebration! Country Fried Steak, mashed potatoes, European blend vegetables, peaches, cake & ice cream.

4:30 p.m. Readers' Café

6 p.m. Dominoes

WEDNESDAY, March 14

Corned Beef, boiled potatoes, cooked cabbage & carrots, pears in green Jell-O, cherry pie.

THURSDAY, March 15

Tilapia, wild rice, corn, mandarin orange salad, apple cobbler.

6 p.m. Bingo sponsored by Bowling Green Manor and Bowling Green Care Center.

TUESDAY, March 20

Chicken Tenders, ranch fries, 3 bean salad, melon, cracker pudding.

4:30 p.m. Readers' Café

6 p.m. Dominoes

WEDNESDAY, March 21

Bratwurst, mashed potatoes, sauerkraut, autumn fruit salad, carrot cake.

THURSDAY, March 22

Chicken Divan, rice pilaf, broccoli, fruit cocktail, banana, cookies.

TUESDAY, March 27

BBQ Chicken, potato cheese bake, Brussels sprouts, plums, lemon pie.

4:30 p.m. Readers' Café

6 p.m. Dominoes

6 p.m. Movie: "Home Again" Sponsored by Family

WEDNESDAY, March 28

Chef Salad w/Beef Strips, Egg, & Cheese, cauliflower salad, rum sauced bananas, ice cream.

THURSDAY, March 29

Ham & Potato Soup, carrot & celery sticks, Waldorf salad, fruited Jell-O, brownie.

Newsletter Subscription RENEWAL Time for 2018....The annual donation is \$5 for Wood County residents and \$12 for residents outside of Wood County. Donations can be mailed to 305 North Main Street, Bowling Green, Ohio 43402 OR drop it off at a Senior Center near you. Ensure you have the following information enclosed: **your current mailing address, birthday, phone number and e-mail address if applicable.**

Financial hardship? Contact Holly Griggs in the Programs Department for assistance at 1.800.367.4935 or 419.353.5661 or email programs@wcoa.net

Note: Each Senior Center in Wood County will have newsletters that you may pick up if you choose not to have one mailed to you or you can view this newsletter on our website at www.wcoa.net